

TEAC 7091 PRIMARY HEALTH AND PHYSICAL EDUCATION

Credit Points 10

Legacy Code 102072

Coordinator Yasmen Kurtulmus (<https://directory.westernsydney.edu.au/search/name/Yasmen.Kurtulmus/>)

Description This subject is designed to explore the content and pedagogies of Health and Physical Education (HPE) in the NSW primary curriculum. Students will develop an experiential understanding of the pedagogy of HPE. The knowledge and skills developed in the other subjects of study in the course can be applied in this subject and Professional Experience subjects. In this subject students will also continue to develop their research skills. This subject aims to develop teachers who demonstrate empathy with diverse groups of student learners and commitment to socially just schools and classrooms. This subject is included in the Development Phase of the Master of Teaching program.

School Education

Discipline Teacher Education: Primary

Student Contribution Band HECS Band 1 10cp

Check your fees via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Postgraduate Coursework Level 7 subject

Equivalent Subjects TEAC 7095 - Primary Personal Development Health and Physical Education

Restrictions

Students must be enrolled in 1663 or 1781 Master of Teaching (Primary).

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Apply the content and central concepts of the NSW primary curriculum (K-6) components of the Personal Development, Health and Physical Education (PDHPE) K - 10 Syllabus and support documents when designing instruction.
2. Create a program of integrated learning experiences covering all Health and Physical Education strands using a range of relevant pedagogies, assessment and teaching strategies, based on the NSW primary curriculum (K-6) components of the Personal Development, Health and Physical Education (PDHPE) K - 10 Syllabus.
3. Apply teaching strategies that are responsive to a diversity of student needs including differences in cultural and linguistic backgrounds.
4. Identify the role of Health and Physical Education within the broader school curriculum, including the relationship between Health and Physical Education contents and Information and Communications Technology, numeracy and literacy.
5. Identify through critical analysis appropriate teaching and learning resources (print and digital) that can be used to enhance students' understandings of health concepts.

6. Examine the concept of "teacher as researcher" by critically reflecting on views of Health and Physical Education and the body as a social construction.
7. Apply appropriate Health and Physical Education pedagogies to improve learning outcomes for primary education.

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Subject Content

1. Health and Physical Education Content and pedagogical knowledge.
2. Teaching Games for Understanding (TGfU)/ Game Sense approach for Physical Education.
3. Quality teaching pedagogies and engaging learning experiences that achieve the aims and outcomes of the NSW Board of Studies Health and Physical Education syllabus documents.
4. Organisational management strategies for teaching and learning in Health and Physical Education.
5. Case study narrative and podcasts as components of the self-reflective teacher.
6. Planning and writing effective learning experiences for Health and Physical Education.
7. Student assessment in the key learning area of Health and Physical Education.
8. Using information and communication technologies to design, deliver and evaluate learning experiences/ or improve their own professional skills.

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Case Study	2,000 words	50	N	Individual	Y
Presentatio	Four 5 minutes' duration podcasts	50	N	Individual	Y

Prescribed Texts

- NSW Education Standards Authority (NESA)(2018). Personal Development, Health and Physical Education K-6 Syllabus.

Teaching Periods

Autumn (2025)

Bankstown City

On-site

Subject Contact Yasmen Kurtulmus (<https://directory.westernsydney.edu.au/search/name/Yasmen.Kurtulmus/>)

View timetable (https://classregistration.westernsydney.edu.au/odd-timetable/?subject_code=TEAC7091_25-AUT_BK_1#subjects)

WSU Online TRI-2 (2025)

Wsu Online

Online

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[View timetable \(https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=TEAC7091_25-OT2_OW_2#subjects\)](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=TEAC7091_25-OT2_OW_2#subjects)

Spring (2025)

Bankstown City

On-site

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[View timetable \(https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=TEAC7091_25-SPR_BK_1#subjects\)](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=TEAC7091_25-SPR_BK_1#subjects)

Summer (2025)

Penrith (Kingswood)

On-site

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[View timetable \(https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=TEAC7091_25-SUM_KW_1#subjects\)](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=TEAC7091_25-SUM_KW_1#subjects)