

SPRT 1008 SPORT FOR SOCIAL DEVELOPMENT

Credit Points 10

Legacy Code 401243

Coordinator Andrew Grainger ([https://directory.westernsydney.edu.au/search/name/Andrew Grainger/](https://directory.westernsydney.edu.au/search/name/Andrew%20Grainger/))

Description This subject provides an introduction to the concept of Sport for Development. Students will explore the role sports and physical recreation can play in achieving positive social outcomes in communities, both locally and internationally. Students will learn about the multidisciplinary nature of Sport for Development and how the disciplines of health and sports science, sports management and community development come together in the planning, implementation and evaluation of sports and physical recreation projects.

School Health Sciences

Discipline Sport And Recreation

Student Contribution Band HECS Band 4 10cp

Check your fees via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 1 subject

Assumed Knowledge

A basic understanding of the sports industry, and an appreciation of the diverse communities that exist locally and internationally.

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Demonstrate an understanding of the multidisciplinary nature of Sport for Development.
2. Examine and discuss the roles sport and physical recreation play in contemporary society.
3. Evaluate the impact of sporting programs as an agent for change to generate positive social outcomes in communities.
4. Compare and contrast the different organisations operating in the Sport for Development field, both locally and internationally.
5. Critically evaluate real-world Sport for Development programs, both locally and internationally.

Subject Content

1. The role of sport in contemporary society
2. Sport as a catalyst for change; the social, health and educational outcomes sought through sport for development
3. The importance of an evidence based approach; planning, implementation and evaluation of sport for development programs
4. Understanding sport for development stakeholders and industry structure
5. Sport for development in an Australian context, including understanding the diverse role sport plays in community wellbeing, and the role of sport in terms of health and social engagement for the Australian community, including indigenous and immigrant communities

6. International sport for development, referring to developing countries and the mechanism by which sport can be used to support community development and improved quality of life

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Presentation	10 minutes	20	N	Group	N
Applied Project	1,500 words	50	N	Individual	N
Quiz	30 minutes	30	N	Individual	N

Prescribed Texts

- There is no prescribed textbook for this subject. Prescribed reading material will be made available on the subject's vUWS site.

Teaching Periods

Autumn (2025)

Penrith (Kingswood)

On-site

Subject Contact Andrew Grainger ([https://directory.westernsydney.edu.au/search/name/Andrew Grainger/](https://directory.westernsydney.edu.au/search/name/Andrew%20Grainger/))

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=SPRT1008_25-AUT_KW_1#subjects)