

REHA 3043 RECREATIONAL THERAPY INTERNSHIP

Credit Points 20

Legacy Code 401400

Coordinator Arianne Reis ([https://directory.westernsydney.edu.au/search/name/Arianne Reis/](https://directory.westernsydney.edu.au/search/name/Arianne%20Reis/))

Description This subject allows students to integrate and apply all learning accumulated throughout their Recreational Therapy major. It focuses on preparing students to professional practice by including 560h of internship in recreational therapy services in addition to coursework focusing on professional development. Students will have an opportunity to work on their professionalism, assessment skills, planning and implementation of recreation therapy programs and services, evaluation and documentation of client progress and work on their administration skills. This subject is designed to meet all National Council for Therapeutic Recreation Certification (NCTRC) requirements, leading to potential Certified Therapeutic Recreation Specialist (CTRS) designation. The internship may be in any area of recreation therapy practice that serves students' needs and accreditation requirements.

School Health Sciences

Discipline Rehabilitation Therapies, Not Elsewhere Classified.

Student Contribution Band HECS Band 2 20cp

Check your fees via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 3 subject

Pre-requisite(s) REHA 2014 AND REHA 2015

Restrictions

To enrol in this unit, students must:

- be enrolled in 4656 Bachelor of Health Science and the Recreation Therapy Major
- have completed 160cp

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Apply ethical conduct standards to recreation therapy practice
2. Consider the policy structures within which recreation therapy practice is situated as well as the political challenges facing the profession
3. Employ professional behaviours and attitudes in practice settings, including communicating effectively with clients, team members, relevant community groups and industry partners.
4. Utilise a range of assessments to set long- and short-term goals
5. Implement and evaluate recreational therapy interventions in the practice setting.
6. Prepare documents in a professional format
7. Practice self-directed learning strategies and reflect on practice experience to continually improve practice
8. Implement career planning strategies, including the development of professional networks and knowledge and skills for entering the workforce

Subject Content

1. Professional practice placement
2. Professional behaviours and self-management skills
3. Communication skills
4. Documentation skills for practice
5. Assessment of individual and group needs
6. Implementation and evaluation of programs for individuals and groups
7. Career planning, professional networks and preparation for entering the workforce

Special Requirements

Legislative pre-requisites

Prior to enrolling in this subject, students must have submitted a Student Undertaking Form and undertake to apply for a National Police Check, which is required to be submitted before placement. Students must also hold a valid and current First Aid Certificate from a Registered Training Organisation and have submitted a Working with Children Check Student Declaration. Refer to the Special Requirements website for more information.

Special Requirements (https://www.westernsydney.edu.au/currentstudents/current_students/enrolment/special_requirements/)

ON CAMPUS STUDENTS

To be eligible to enrol in a placement subject and attend a health-related placement in this program, students must meet Western Sydney University program requirements **and** Special Legislative Requirements to be assessed in their first year of study against the following:

1. National Criminal History Check: Students must have a current (expiring 3 years from date of issue) check valid for their entire program. A valid National Criminal history check must be an Australia wide check, include the student's full name matching their Student ID card and date of birth and not have any offences listed. If a student has a criminal history identified on their check, they must provide a Clinical Placement Authority Card (CPAC) or conditional letter from the NSW HealthShare Employment Screening and Review Unit. (https://www.health.nsw.gov.au/careers/student_clearance/Documents/appendix-10-student-application.pdf). (https://www.health.nsw.gov.au/careers/student_clearance/Documents/appendix-10-student-application.pdf)
2. A NSW Working with Children Check (WWCC) clearance letter issued under the category of volunteer valid for their entire program.
3. A current approved first aid certificate valid for their entire program. Approved provider courses can be found at <http://training.gov.au>. (<http://training.gov.au/>)
4. A completed vaccination/immunisation card with all serology results containing expiry dates and currency must be maintained by the student to ensure compliance for their entire program.
5. NSW Undertaking/Declaration form.
6. Completed any additional health forms required (such as NSW Health Code of Conduct, Health Student Undertaking/Declaration and Tuberculosis (TB) Assessment Tool).
7. Relevant Local Health District specific documentation as requested.

Contact your School for further details. Resources are also available on the Placement Hub (https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance/) website.

ONLINE STUDENTS

To be eligible to enrol in a placement subject and attend a health-related placement in your program, students must meet Western Sydney University program requirements **and** Special Legislative

Requirements in your state, to be assessed in their first year of study, against the following:

1. National Criminal History Check: Students must have a current check valid for their entire program. A valid National Criminal history check must be an Australia wide check, include the student's full name matching their Student ID card and date of birth and not have any offences listed. If a student has a criminal history identified on their check, they must provide a clearance or authority document or conditional letter from their relevant authorised state organisation. International students must additionally have a translated International Police Check or statutory declaration.
2. A Working with Children Check (WWCC) clearance letter or state equivalent, valid for their entire program.
3. A current approved first aid certificate valid for their entire program. Approved provider courses can be found at <http://training.gov.au>. (<http://training.gov.au/>)
4. A completed vaccination/immunisation card with all serology results attached - currency must be maintained by the student to ensure compliance for their entire program.
5. Undertaking/Declaration form (or state equivalent documents).
6. Additional forms as required per state related to, but not limited to, Tuberculosis Assessment tool, Hepatitis B statutory declaration form, Signed Code of Conduct, Student Deed Poll and all other state equivalent documents as required. Contact your school for further details. Resources are also available on the Placement Hub (https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance/) web page.

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Quiz	20 multiple choice questions	5	N	Individual	Y
Presentation	15 min plus slides	20	N	Individual	N
Reflection	15min presentation plus 500 word reflection	35	N	Individual	N
Portfolio	2500 words	40	N	Individual	N
Professional Placement Performance	7 pages	S/U	Y	Individual	Y

Teaching Periods

Sydney City Campus - Term 1 (2025)

Sydney City

On-site

Subject Contact Liz Atteya ([https://directory.westernsydney.edu.au/search/name/Liz Atteya/](https://directory.westernsydney.edu.au/search/name/Liz%20Atteya/))

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=REHA3043_25-SC1_SC_1#subjects)

2nd Half (2025)

Online

Online

Subject Contact Arianne Reis ([https://directory.westernsydney.edu.au/search/name/Arianne Reis/](https://directory.westernsydney.edu.au/search/name/Arianne%20Reis/))

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=REHA3043_25-2H_ON_2#subjects)