

# REHA 2015 RECREATIONAL THERAPY PROCESS AND PLANNING

Credit Points 10

Legacy Code 401402

**Coordinator** Arianne Reis (<https://directory.westernsydney.edu.au/search/name/Arianne Reis/>)

**Description** Students will be required to complete an 80-hour industry based placement as part of the assessment requirements for this subject. This subject introduces students to the development, implementation and evaluation of recreational therapy programming. Development and ongoing assessment of programs will be explored through theoretical and practical situations. Students will learn how to adapt recreation and leisure activities for clients with varying abilities and needs and apply recreation therapy models into practice.

**School** Health Sciences

**Discipline** Rehabilitation Therapies, Not Elsewhere Classified.

**Student Contribution Band** HECS Band 2 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 2 subject

**Pre-requisite(s)** REHA1007 AND  
REHA 1008

**Equivalent Subjects** REHA 2009 Workplace Learning 1

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Identify and apply the principles of the recreation therapy process
2. Employ recreational therapy documentation procedures for program planning, evaluation and accountability
3. Appraise the models and scope of practice of recreational therapy for treatment or program planning
4. Analyse different activities and tasks to align them to the needs and choices of consumers
5. Develop a strengths-based treatment program that includes consideration of assessment, planning, implementation, and evaluation processes

## Subject Content

1. Assessment, Planning, Implementation and Evaluation processes with groups
2. Writing goals and objectives
3. Activity analysis
4. Group leadership strategies
5. Risk management
6. Communicating with groups
7. Clinical reasoning and problem-solving
8. Developing participant recreation therapy intervention plans
9. ICF

## Special Requirements

Legislative pre-requisites

## Special Requirements - NSW Health Legislative Prerequisites Pre-requisites

### Student Compliance Information for all Health-Related Placements

Prior to enrolling in this subject, students must have submitted a Student Undertaking Form and undertake to apply for a National Police Check, which is required to be submitted before placement, and a Working with Children Check Student Declaration. Use the link to the Special Requirements webpage below for more information.

To be eligible to enrol in this subject and complete any required health-related placements or experiences, students must meet Western Sydney University program requirements as well as any special, legislated, or policy-mandated requirements.

### Western Program Requirements

Visit the Special Requirements webpage for details about your program.

Special Requirements ([https://www.westernsydney.edu.au/currentstudents/current\\_students/enrolment/special\\_requirements/](https://www.westernsydney.edu.au/currentstudents/current_students/enrolment/special_requirements/))

### Mandatory NSW Health student placement policy requirements

To be able to undertake placement in any NSW Health facility you must be assessed as compliant with NSW Health student placement policy in the first year of your program, regardless of when you expect to go on your first placement. Access and read the NSW Student Compliance Information Booklet.

NSW Student Compliance Information Booklet ([https://www.westernsydney.edu.au/placements\\_hub/placements\\_hub/student\\_compliance/](https://www.westernsydney.edu.au/placements_hub/placements_hub/student_compliance/))

Please ensure that you

1. Find your existing National Police Check or apply for one
2. Gather documentary evidence of your vaccination history
3. Print and complete all relevant NSW Health forms relevant to the campus you are enrolled at or online enrolment requirements
4. Follow booklet instructions on how to have your compliance documents assessed by NSW health staff.

International students have additional requirements; the link to the booklet will inform you of these requirements.

### School Requirements

Contact your School for further details regarding your School's requirements, if any, such as

- If you live outside of NSW or Australia and need to meet your state, territory or country's compliance requirements
- If you need to meet different state, territory or country compliance requirements.
- NSW Working with Children Check (WWCC) or other state equivalent, valid for your entire program.
- Current approved first aid certificate valid for your entire program - approved program providers can be found at the Government Training website
- <http://training.gov.au> (<http://training.gov.au>)
- Other non-health related requirements.

Student Compliance Resources are also available on the Placements Hub web page (NSW students only)

[https://www.westernsydney.edu.au/learning\\_futures/home/placements\\_hub/placements\\_hub/student\\_compliance](https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance) ([https://www.westernsydney.edu.au/learning\\_futures/home/placements\\_hub/placements\\_hub/student\\_compliance](https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance))

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## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Quiz	3x Quizzes 60 minutes each	25	N	Individual	N
Report	1,000 words	35	N	Individual	N
Applied Project	1,500 words	40	N	Individual	N
Professional placement	80 hours Placement field Performance placement	S/U	Y	Individual	Y

Teaching Periods

## Autumn (2025)

### Campbelltown

#### On-site

**Subject Contact** Nicole Peel (<https://directory.westernsydney.edu.au/search/name/Nicole Peel/>)

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=REHA2015\\_25-AUT\\_CA\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=REHA2015_25-AUT_CA_1#subjects))

#### Online

#### Online

**Subject Contact** Nicole Peel (<https://directory.westernsydney.edu.au/search/name/Nicole Peel/>)

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=REHA2015\\_25-AUT\\_ON\\_2#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=REHA2015_25-AUT_ON_2#subjects))

## Sydney City Campus - Term 2 (2025)

### Sydney City

#### On-site

**Subject Contact** Liz Atteya (<https://directory.westernsydney.edu.au/search/name/Liz Atteya/>)

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=REHA2015\\_25-SC2\\_SC\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=REHA2015_25-SC2_SC_1#subjects))