

REHA 2014 RECREATIONAL THERAPY ASSESSMENT AND DOCUMENTATION

Credit Points 10

Legacy Code 401399

Coordinator Arianne Reis (<https://directory.westernsydney.edu.au/search/name/Arianne Reis/>)

Description This subject focuses on the theoretical and practical aspects associated with the planning, implementation and management of assessments and evaluation in recreational therapy services, including all documentation needs of the profession. Students will learn all components of assessments as they are connected to a comprehensive program plan and will develop their recreational therapy assessment and evaluation skills. Students will be required to complete an 80-hour industry-based placement as part of the requirements for this subject.

School Health Sciences

Discipline Rehabilitation Therapies, Not Elsewhere Classified.

Student Contribution Band HECS Band 2 10cp

Check your fees via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 2 subject

Pre-requisite(s) REHA 1007

Equivalent Subjects REHA 3036 Workplace Learning 2

Restrictions

Students must be enrolled in B Health Science in the Recreational Therapy testamur major. This is a specialty subject offered as a compulsory core subject of Bachelor of Health Science-Therapeutic Recreation program. It is profession-specific, preparing students to practice as a recreation therapist and not relevant or appropriate as an elective for non-recreational therapy students.

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Conduct an assessment and record findings in a format appropriate for entry into health records
2. Evaluate and judiciously select evidence-based recreational therapy assessment instruments to determine physical, cognitive, emotional, and social functioning of clients
3. Conduct and interpret individual assessments based on appropriate models of practice and in line with appropriate ethical standards as espoused by the profession
4. Collect and analyse data to monitor individual and program progress of goals
5. Utilise individualized progress notes to record client regression/stabilization or progression toward treatment goals and discharge/referral summaries to record a summary of services and evaluate the effectiveness of treatment received

Subject Content

1. Conduct the assessment process
2. Apply assessment data to care plan
3. Document client progress
4. Document program and client incidents
5. Maintain department documentation

Special Requirements

Legislative pre-requisites

Special Requirements - NSW Health Legislative Prerequisites Pre-requisites

Student Compliance Information for all Health-Related Placements

Prior to enrolling in this subject, students must have submitted a Student Undertaking Form and undertake to apply for a National Police Check, which is required to be submitted before placement, and a Working with Children Check Student Declaration. Use the link to the Special Requirements webpage below for more information.

To be eligible to enrol in this subject and complete any required health-related placements or experiences, students must meet Western Sydney University program requirements as well as any special, legislated, or policy-mandated requirements.

Western Program Requirements

Visit the Special Requirements webpage for details about your program.

Special Requirements (https://www.westernsydney.edu.au/currentstudents/current_students/enrolment/special_requirements/)

Mandatory NSW Health student placement policy requirements

To be able to undertake placement in any NSW Health facility you must be assessed as compliant with NSW Health student placement policy in the first year of your program, regardless of when you expect to go on your first placement. Access and read the NSW Student Compliance Information Booklet.

NSW Student Compliance Information Booklet (https://www.westernsydney.edu.au/placements_hub/placements_hub/student_compliance/)

Please ensure that you

1. Find your existing National Police Check or apply for one
2. Gather documentary evidence of your vaccination history
3. Print and complete all relevant NSW Health forms relevant to the campus you are enrolled at or online enrolment requirements
4. Follow booklet instructions on how to have your compliance documents assessed by NSW health staff.

International students have additional requirements; the link to the booklet will inform you of these requirements.

School Requirements

Contact your School for further details regarding your School's requirements, if any, such as

- If you live outside of NSW or Australia and need to meet your state, territory or country's compliance requirements
- If you need to meet different state, territory or country compliance requirements.
- NSW Working with Children Check (WWCC) or other state equivalent, valid for your entire program.

- Current approved first aid certificate valid for your entire program
- approved program providers can be found at the Government Training website
- <http://training.gov.au> (<http://training.gov.au/>)
- Other non-health related requirements.

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=REHA2014_25-SPR_ON_2#subjects)

Student Compliance Resources are also available on the Placements Hub web page (NSW students only)

https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance (https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance/)

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group	Mandatory Task
Presentation	15 minutes	20	N	Individual	N
Case Study	1,000 words	30	N	Individual	N
Report	2,000 words	50	N	Individual	N
Professional placement	80 hrs (2 weeks)	S/U	Y	Individual	Y
Performance placement	field placement				

Prescribed Texts

- Burlingame, J. & Blaschko, T. (2010). Assessment Tools for Recreational Therapy and Related Fields. 4th ed. Idyll Arbor.
- Porter, Heather (2024). Assessment, Clinical Decision Making, and Documentation in Recreational Therapy. Independently published.

Teaching Periods

Sydney City Campus - Term 1 (2025)

Sydney City

On-site

Subject Contact Liz Atteya (<https://directory.westernsydney.edu.au/search/name/Liz Atteya/>)

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=REHA2014_25-SC1_SC_1#subjects)

Spring (2025)

Campbelltown

On-site

Subject Contact Arianne Reis (<https://directory.westernsydney.edu.au/search/name/Arianne Reis/>)

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=REHA2014_25-SPR_CA_1#subjects)

Online

Online

Subject Contact Arianne Reis (<https://directory.westernsydney.edu.au/search/name/Arianne Reis/>)