

# PUBH 2005 CULTURE, DIVERSITY AND HEALTH

**Credit Points** 10

**Legacy Code** 400866

**Coordinator** Anna Spencer ([https://directory.westernsydney.edu.au/search/name/Anna Spencer/](https://directory.westernsydney.edu.au/search/name/Anna%20Spencer/))

**Description** This subject introduces skills for understanding and engaging effectively with the culturally and socially diverse world in which we live and work. Indigenous Australia is a major theme and students will gain an appreciation of the achievements and needs of Indigenous Australians. The subject examines cultural safety more broadly and puts these issues in the context of health professionals working in multi-cultural settings and handling culturally different health philosophies and practices. Cultural diversity is increasingly recognised as a major issue in the delivery of health care and a major determinant of Indigenous health.

**School** Health Sciences

**Discipline** Public Health, Not Elsewhere Classified.

**Student Contribution Band** HECS Band 2 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 2 subject

**Equivalent Subjects** PUBH 2006 - Culture Diversity and Health (WSTC)

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Apply knowledge regarding equity, culture and diversity to their studies and professional behaviour as future health science practitioners
2. Examine the experiences of health, wellness, health services and health outcomes from an Indigenous perspective
3. Identify the role of social determinants of health across diverse populations
4. Describe the health needs of a range of marginalised Australians including; Indigenous Australians, Australians of a culturally or linguistically diverse background, sexually diverse Australians, ageing Australians and Australians living with disability
5. Examine approaches to cultural competency in health science practice

## Subject Content

1. Introduction to the unit:
  - What are culture, diversity and identity?
  - Explore the cultural/social/ethnic diversity of the class
  - How do health care professionals approach diversity?
  - Introduce cultures of health and health care
2. The Australian context Indigenous Australia:
  - Overview of the history of Aboriginal and Torres Strait Islander Australia and the concept of Indigenous identities
3. The cultures of health and health care:
  - Review of dominant health culture in Australia
  - Understanding Western and Eastern health models
4. The Australian context Australians of Culturally and Linguistically Diverse Backgrounds (CALD):

- Overview of the history of migration to Australia and the contemporary context of Australian multiculturalism
- Health needs of CALD Australians
- 5. Segregation as a fundamental cause of ethnic disparities in health:
  - Discrimination and health: causes, consequences and potential solutions
  - Religious difference in Australia
- 6. Human rights and health literacy:
  - What are human rights?
  - Human Rights in Australia
  - What rights are covered to promote equity?
  - How can human rights improve health literacy?
- 7. Intro Cultural Competency:
  - Introduction to cultural competence
  - Cultural competency as a toolkit for cultural safety
- 8. Cultural Safety:
  - What is cultural safety
  - Why is it important?
- 9. Cultural Competency in Practice:

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Report	1000 words	35	N	Individual	N
Essay	1000 words	35	N	Individual	N
Presentation	10 minutes	30	N	Group	N

Prescribed Texts

Dune, T., McLeod, K., & Williams, R. (Eds.). (2021). Culture, Diversity and Health in Australia: Towards Culturally Safe Health Care. Routledge. <https://www.routledge.com/Culture-Diversity-and-Health-in-Australia-Towards-Culturally-Safe-Health/Dune-McLeod-Williams/p/book/9781760527389>

Teaching Periods

## Autumn (2025)

### Campbelltown

**On-site**

**Subject Contact** Anna Spencer ([https://directory.westernsydney.edu.au/search/name/Anna Spencer/](https://directory.westernsydney.edu.au/search/name/Anna%20Spencer/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=PUBH2005\\_25-AUT\\_CA\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=PUBH2005_25-AUT_CA_1#subjects))

### Penrith (Kingswood)

**On-site**

**Subject Contact** Anna Spencer ([https://directory.westernsydney.edu.au/search/name/Anna Spencer/](https://directory.westernsydney.edu.au/search/name/Anna%20Spencer/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=PUBH2005\\_25-AUT\\_KW\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=PUBH2005_25-AUT_KW_1#subjects))

## Online

**Online**

**Subject Contact** Anna Spencer ([https://directory.westernsydney.edu.au/search/name/Anna Spencer/](https://directory.westernsydney.edu.au/search/name/Anna%20Spencer/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=PUBH2005\\_25-AUT\\_ON\\_2#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=PUBH2005_25-AUT_ON_2#subjects))

## Sydney City Campus - Term 1 (2025)

### Sydney City

#### On-site

**Subject Contact** Liz Atteya ([https://directory.westernsydney.edu.au/search/name/Liz Atteya/](https://directory.westernsydney.edu.au/search/name/Liz%20Atteya/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=PUBH2005\\_25-SC1\\_SC\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=PUBH2005_25-SC1_SC_1#subjects))

## Summer (2025)

### Campbelltown

#### On-site

**Subject Contact** Anna Spencer ([https://directory.westernsydney.edu.au/search/name/Anna Spencer/](https://directory.westernsydney.edu.au/search/name/Anna%20Spencer/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=PUBH2005\\_25-SUM\\_CA\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=PUBH2005_25-SUM_CA_1#subjects))

#### Online

#### Online

**Subject Contact** Anna Spencer ([https://directory.westernsydney.edu.au/search/name/Anna Spencer/](https://directory.westernsydney.edu.au/search/name/Anna%20Spencer/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=PUBH2005\\_25-SUM\\_ON\\_2#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=PUBH2005_25-SUM_ON_2#subjects))