

# NURS 2038 HEALTH VARIATIONS 2 - CHRONIC CONDITIONS AND DISABILITY

**Credit Points** 10

**Legacy Code** 401444

**Coordinator** Joan Lynch ([https://directory.westernsydney.edu.au/search/name/Joan Lynch/](https://directory.westernsydney.edu.au/search/name/Joan%20Lynch/))

**Description** Health Variations 2 - Chronic Conditions and Disability utilises an evidence base to develop an understanding of pathophysiology, pharmacological interventions, and nursing care for people across the lifespan who experience chronic conditions and disability.

**School** Nursing & Midwifery

**Discipline** General Nursing

**Student Contribution Band** HECS Band 1 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 2 subject

**Co-requisite(s)** NURS 2037 - Health Variations 1 - Introduction to Alterations in Health

**Equivalent Subjects** NURS 2013 - Health Variations 2 - Chronic Illness and Disability

## Restrictions

Students must be enrolled in 4691 Bachelor of Nursing or 4780 Bachelor of Nursing – WSU Online. or 4693 Bachelor of Nursing (Advanced) or 4692 Bachelor of Nursing (Graduate Entry)

## Assumed Knowledge

Primary health care, foundational knowledge of human biological sciences including human body systems, basic concepts in pharmacology and pathophysiology and the National Health Priorities and the relationship to nursing practice

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Identify the causes, pathophysiology, clinical manifestations, and diagnostic procedures related to common chronic conditions
2. Identify the National Safety and Quality Care framework to plan appropriate, safe, effective, and evidence-based treatments when caring for people with common chronic conditions or persons with a disability.
3. Access and analyse the best available evidence, that includes research findings, related to common chronic conditions.
4. Describe strategies that promote a shared decision-making process in collaboration with carers, families, and people with common chronic conditions or disability
5. Develop evidence-based rationales for safe, person-centred care of people with chronic conditions or persons with a disability.

## Subject Content

1. Knowledge and application of the following concepts to inform professional nursing practice related to chronic conditions and disability affecting the endocrine, neurological and respiratory body systems:

- a. Cause: Risk factors
- b. Clinical manifestations
- c. Diagnosis
- d. Pathophysiology
- e. Treatment: Pharmacological and non-pharmacological
- f. Nursing role and responsibilities: evidenced based practice by accessing and analysing the best available evidence, that includes research findings, for safe, quality practice

2. Concepts and principles of care related to chronicity and disability

- a. Rehabilitation and habilitation
- b. Person-centred care
- c. Shared decision-making

## Special Requirements

Essential equipment

Essential Equipment: Access to an internet enabled device is essential in order to be able to: access course materials; to participate in discussion groups; and to access additional resources provided by the lecturer during the session. See [http://www.westernsydney.edu.au/currentstudents/current\\_students/services\\_and\\_facilities/uwsonline\\_student\\_support](http://www.westernsydney.edu.au/currentstudents/current_students/services_and_facilities/uwsonline_student_support) for further information. ([http://www.westernsydney.edu.au/currentstudents/current\\_students/services\\_and\\_facilities/uwsonline\\_student\\_support/](http://www.westernsydney.edu.au/currentstudents/current_students/services_and_facilities/uwsonline_student_support/))

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Case Study	1200 words	40	N	Individual	Y
Report	500 words	30	N	Individual	Y
Quiz	40 minutes x1 (30%)	30	N	Individual	Y
Participatio	All teaching weeks	S/U	Y	Individual	Y

## WSU Online

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Quiz	30 minutes x 2 (15% each)	30	N	Individual	Y
Report	1000 words	30	N	Group	Y
Case Study	1200 words	40	N	Individual	Y

Participatio All	S/U	Y	Individual	Y
Teaching Weeks				

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=NURS2038\\_25-OT3\\_OW\\_2#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NURS2038_25-OT3_OW_2#subjects))

Teaching Periods

## WSU Online TRI-1 (2025)

### Wsu Online

#### Online

**Subject Contact** Joan Lynch ([https://directory.westernsydney.edu.au/search/name/Joan Lynch/](https://directory.westernsydney.edu.au/search/name/Joan%20Lynch/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=NURS2038\\_25-OT1\\_OW\\_2#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NURS2038_25-OT1_OW_2#subjects))

## WSU Online TRI-2 (2025)

### Wsu Online

#### Online

**Subject Contact** Joan Lynch ([https://directory.westernsydney.edu.au/search/name/Joan Lynch/](https://directory.westernsydney.edu.au/search/name/Joan%20Lynch/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=NURS2038\\_25-OT2\\_OW\\_2#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NURS2038_25-OT2_OW_2#subjects))

## Spring (2025)

### Campbelltown

#### On-site

**Subject Contact** Joan Lynch ([https://directory.westernsydney.edu.au/search/name/Joan Lynch/](https://directory.westernsydney.edu.au/search/name/Joan%20Lynch/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=NURS2038\\_25-SPR\\_CA\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NURS2038_25-SPR_CA_1#subjects))

### Hawkesbury

#### On-site

**Subject Contact** Joan Lynch ([https://directory.westernsydney.edu.au/search/name/Joan Lynch/](https://directory.westernsydney.edu.au/search/name/Joan%20Lynch/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=NURS2038\\_25-SPR\\_HW\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NURS2038_25-SPR_HW_1#subjects))

### Liverpool

#### On-site

**Subject Contact** Joan Lynch ([https://directory.westernsydney.edu.au/search/name/Joan Lynch/](https://directory.westernsydney.edu.au/search/name/Joan%20Lynch/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=NURS2038\\_25-SPR\\_LP\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NURS2038_25-SPR_LP_1#subjects))

### Parramatta - Victoria Rd

#### On-site

**Subject Contact** Joan Lynch ([https://directory.westernsydney.edu.au/search/name/Joan Lynch/](https://directory.westernsydney.edu.au/search/name/Joan%20Lynch/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=NURS2038\\_25-SPR\\_PS\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NURS2038_25-SPR_PS_1#subjects))

## WSU Online TRI-3 (2025)

### Wsu Online

#### Online

**Subject Contact** Laura Mellish ([https://directory.westernsydney.edu.au/search/name/Laura Mellish/](https://directory.westernsydney.edu.au/search/name/Laura%20Mellish/))