

# NATS 0009 HEALTH COMMUNICATION (WSTC)

**Credit Points** 10

**Legacy Code** 900081

**Coordinator** Bader Unnisa Mehdi (<https://directory.westernsydney.edu.au/search/name/Bader Unnisa Mehdi/>)

**Description** Health Care Professionals work in an environment where a high level of communication with others is of paramount importance. Oral, written and interpersonal communication skills form the cornerstone of good professional practice. This subject is designed to help you develop self-awareness and increase your confidence and skills in communicating with others in preparation for the practicum experiences during your undergraduate studies.

**School** Western Sydney The College

**Discipline** Natural and Physical Sciences, Not Elsewhere Classified.

**Student Contribution Band** HECS Band 2 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 0 Preparatory subject

**Equivalent Subjects** LGYB 1382 - Nursing Communication (UWSC)

## Restrictions

This subject is only available to College students enrolled in the Undergraduate Preparation Programs.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Develop and refine both verbal and non-verbal communication skills, including different types of questioning, speaking, and listening, with an awareness of their benefits and limitations in healthcare settings.
2. Reflect on own communication strengths and areas for improvement and how these impact on subjective and objective communication.
3. Examine the impact of cultural and situational context on communication when working with people from diverse backgrounds.
4. Demonstrate written and verbal communication skills across various contexts (data entry, charts, journals, report writing, and public communication), including the appropriate use of medical terminology.

## Subject Content

1. Understanding communication and its application in health and nursing: verbal, non-verbal and textual
2. Introduction to cultural and situational sensitivity, safety and competences.
3. Working ethically, legally, collaboratively and effectively in health care
4. The importance of reflection and self-awareness and its influence on communication, learning and the relationship to professional life

5. The practice of health & nursing: examining contexts for professional practice & implications for communication such as effective listening & professional documentation

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group	Mandatory Task
Presentation	In class 10 mins	30	N	Group	N
Professional Task	In class 75 mins	35	N	Individual	N
Simulation	In class 60 mins	35	N	Individual	N

## Teaching Periods

### Spring Block 1 (2025)

#### Campbelltown

##### On-site

**Subject Contact** Bader Unnisa Mehdi (<https://directory.westernsydney.edu.au/search/name/Bader Unnisa Mehdi/>)

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=NATS0009\\_25-SB1\\_CA\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NATS0009_25-SB1_CA_1#subjects))

#### Liverpool

##### On-site

**Subject Contact** Bader Unnisa Mehdi (<https://directory.westernsydney.edu.au/search/name/Bader Unnisa Mehdi/>)

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=NATS0009\\_25-SB1\\_LP\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NATS0009_25-SB1_LP_1#subjects))