

# NATS 0002 ACADEMIC SKILLS FOR HEALTH SCIENCE (WSTC)

**Credit Points** 10

**Legacy Code** 900099

**Coordinator** Bader Unnisa Mehdi (<https://directory.westernsydney.edu.au/search/name/Bader Unnisa Mehdi/>)

**Description** This subject is designed to assist students to become successful independent learners. It introduces students to a range of theories and concepts to facilitate the development of practical skills and personal attitudes necessary for success in tertiary study. Emphasis is placed on developing the key competencies such as time management, critical thinking, researching, notetaking and referencing.

**School** Western Sydney The College

**Discipline** Natural and Physical Sciences, Not Elsewhere Classified.

**Student Contribution Band** HECS Band 2 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 0 Preparatory subject

**Equivalent Subjects** NATS 0001 - Academic Skills for Health Science (UWSCFS)

## Restrictions

This subject is only available to College students enrolled in the Undergraduate Preparation Programs.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Demonstrate a foundational understanding of essential academic skills, including effective notetaking, summarising, quoting, paraphrasing and APA referencing for health sciences.
2. Identify strategies for successful learning and time management, including reflection, task prioritisation and allocation of study time to meet deadlines.
3. Develop critical thinking, reading, and writing skills.
4. Develop proficiency in conducting academic research, navigating scholarly databases, understanding various types of journal articles, and synthesising information to engage with evidenced based practice in health.

## Subject Content

- Goal setting and procrastination
- Reflective practice and journalling
- Information sources and referencing
- Quoting and paraphrasing
- Learning styles and cue awareness

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are

regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Reflection	500 words	30	N	Individual	N
Critical	500 words	35	N	Individual	N
Review					
Quiz	1 hour	35	N	Individual	N

## Teaching Periods

### Autumn Block 2 (2025)

#### Nirimba Education Precinct

##### On-site

**Subject Contact** Bader Unnisa Mehdi (<https://directory.westernsydney.edu.au/search/name/Bader Unnisa Mehdi/>)

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=NATS0002\\_25-AB2\\_BL\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NATS0002_25-AB2_BL_1#subjects))

### Spring Block 2 (2025)

#### Campbelltown

##### On-site

**Subject Contact** Bader Unnisa Mehdi (<https://directory.westernsydney.edu.au/search/name/Bader Unnisa Mehdi/>)

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=NATS0002\\_25-SB2\\_CA\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NATS0002_25-SB2_CA_1#subjects))

#### Liverpool

##### On-site

**Subject Contact** Bader Unnisa Mehdi (<https://directory.westernsydney.edu.au/search/name/Bader Unnisa Mehdi/>)

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=NATS0002\\_25-SB2\\_LP\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NATS0002_25-SB2_LP_1#subjects))