

# MEDI 5003 ADOLESCENT, MENTAL HEALTH AND HEALTH INEQUITY

Credit Points 10

**Coordinator** John Morley (<https://directory.westernsydney.edu.au/search/name/John Morley/>)

**Description** This subject provides students with an informed, structured approach to common acute and chronic adolescent issues, including approaches to mental health (HEADSS), substance use, and sexual health assessments. This subject outlines evidence-based strategies in non-pharmacological and pharmacological management of common mental health conditions in adolescents and young adults. This subject includes insights from clinical experts on improving health outcomes for refugee populations and current global paediatric health initiatives aimed at improving child health outcomes. Experienced academics, clinical experts and adolescent health practitioners will provide students with resources to effectively communicate with adolescents and their families, understanding informed consent and confidentiality.

**School** Medicine

**Discipline** Paediatrics

**Student Contribution Band** HECS Band 3 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Postgraduate Coursework Level 5 subject

## Learning Outcomes

Students will be able to:

1. assess common adolescent and mental health issues
2. arrange appropriate investigations to assist with diagnosis and minimise distress to adolescents
3. formulate differential diagnoses for common adolescent conditions and develop age-appropriate management strategies based on variety of evidence and sources
4. advocate and promote access to appropriate healthcare to improve health outcomes adolescents and at-risk populations

## Subject Content

1. Approach to Adolescents
2. Informed consent and confidentiality
3. Cultural Context
4. Normal Puberty and Disorders of Puberty
5. Acne
6. Obesity
7. Paediatric and Adolescent Gynaecology
8. Adolescent Sexual health
9. Anxiety disorders in children and adolescents
10. Acute Mental Health Assessment of Children
11. Mood Disorders and Suicide
12. Eating Disorders
13. Drug and alcohol use in adolescents
14. Chronic Illness in Adolescents
15. Global paediatric healthcare initiatives

16. Health Issues in Disadvantaged Children
17. Health Issues in Indigenous Children
18. Refugee Health

## Inherent Requirements

The inherent requirements for this subject will be the same as those for medicine programs

[https://www.westernsydney.edu.au/ir/inherent\\_requirements/inherent\\_requirements\\_for\\_medicine\\_courses](https://www.westernsydney.edu.au/ir/inherent_requirements/inherent_requirements_for_medicine_courses) ([https://www.westernsydney.edu.au/ir/inherent\\_requirements/inherent\\_requirements\\_for\\_medicine\\_courses/](https://www.westernsydney.edu.au/ir/inherent_requirements/inherent_requirements_for_medicine_courses/))

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Quiz	60 mins	S/U	Y	Individual	Y
Professional Task	15 mins	S/U	Y	Individual	Y
Reflection	1000 words	S/U	Y	Individual	Y

Teaching Periods

## Quarter 1 (2025)

**Online**

**Online**

**Subject Contact** John Morley (<https://directory.westernsydney.edu.au/search/name/John Morley/>)

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=MEDI5003\\_25-Q1\\_ON\\_2#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=MEDI5003_25-Q1_ON_2#subjects))

## Quarter 2 (2025)

**Online**

**Online**

**Subject Contact** John Morley (<https://directory.westernsydney.edu.au/search/name/John Morley/>)

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=MEDI5003\\_25-Q2\\_ON\\_2#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=MEDI5003_25-Q2_ON_2#subjects))

## Quarter 3 (2025)

**Online**

**Online**

**Subject Contact** John Morley (<https://directory.westernsydney.edu.au/search/name/John Morley/>)

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=MEDI5003\\_25-Q3\\_ON\\_2#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=MEDI5003_25-Q3_ON_2#subjects))

## Quarter 4 (2025)

**Online**

**Online**

**Subject Contact** John Morley (<https://directory.westernsydney.edu.au/search/name/John Morley/>)

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=MEDI5003\\_25-Q4\\_ON\\_2#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=MEDI5003_25-Q4_ON_2#subjects))