

# TEAC 5023 MENTAL HEALTH IN EDUCATIONAL CONTEXTS

**Credit Points** 10

**Legacy Code** 102912

**Coordinator** Patricia Maidens ([https://directory.westernsydney.edu.au/search/name/Patricia Maidens/](https://directory.westernsydney.edu.au/search/name/Patricia%20Maidens/))

**Description** This subject is designed to promote the application and integration of current psychological and educational pedagogy, theory, evidence and best practice in supporting students who may be experiencing mental health challenges in educational settings. A problem-based approach to learning and teaching is used, employing case-based vignettes depicting various specific mental health presentations. Students are required to determine how they will develop student, classroom and curriculum level interventions to promote the wellbeing and learning of young people in educational settings. This occurs through small group work and self-directed research in which students are encouraged to utilise their prior knowledge in the topic area and identify the gaps in their knowledge as they attempt to solve the problem whilst being supported by their tutor and peers.

**School** Education

**Discipline** Teacher Education: Special Education

**Student Contribution Band** HECS Band 1 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Postgraduate Coursework Level 5 subject

**Restrictions**

Must be enrolled in 1911 Master of Education, 1914 Graduate Certificate in Secondary Teaching or 1714 Master of Teaching (Secondary).

## Learning Outcomes

1. Analyse the implications for learning and behaviour for a range of common mental health difficulties in educational settings
2. Implement a range of pedagogical interventions to foster positive mental health and engagement with learning activities
3. Develop and implement a range of teaching strategies informed by evidence-based principles to meet the diverse mental health needs of students
4. Articulate a range of supportive responses to mental health emergencies in educational settings
5. Communicate effectively with key stakeholders to promote positive mental health for students and initiate change in educational settings

## Subject Content

1. What is mental health?
2. Understanding mental health and socioemotional wellbeing across the life span and communities, including Aboriginal and Torres Strait Islander Peoples and Culturally and Linguistically Diverse Groups
3. Mental health and self-harm/suicide prevention in Learning Communities
4. Understanding risk and protective factors in mental health

5. Implications of internalising, anxiety, depressive, externalising, and psychotic disorders and ADHD for learning and behaviour
6. Pedagogical adaptations/interventions for anxiety disorders, depressive disorders, ADHD and externalising disorders, and for young people recovering from psychotic disorders
7. Implications of trauma for learning and behaviour and trauma informed pedagogy
8. Preparation for critical incidents

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Essay	2000 words	50	N	Individual	Y
Presentation	10 Minute multimodal video presentation	50	N	Individual	Y

Teaching Periods

## Spring (2025)

### Online

#### Online

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View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=TEAC5023\\_25-SPR\\_ON\\_2#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=TEAC5023_25-SPR_ON_2#subjects))