

TEAC 3010 HEALTH AND PHYSICAL EDUCATION IN THE PRIMARY YEARS

Credit Points 10

Legacy Code 102652

Coordinator Yasmen Kurtulmus ([https://directory.westernsydney.edu.au/search/name/Yasmen Kurtulmus/](https://directory.westernsydney.edu.au/search/name/Yasmen%20Kurtulmus/))

Description This subject is designed to explore the content and pedagogies of Health and Physical Education (HPE) in the PDHPE NSW K-6 curriculum. Students will develop an understanding of effective pedagogies of HPE. The knowledge and skills developed in this subject can be applied in the other subjects of study in the course and Professional Experience subjects. This subject aims to develop teachers who demonstrate empathy with diverse groups of student learners and commitment to socially just schools and classrooms. This subject is included in the Development Phase of the Bachelor of Education.

School Education

Discipline Teacher Education: Primary

Student Contribution Band HECS Band 1 10cp

Check your fees via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 3 subject

Restrictions

Students must be enrolled in the 1876 Bachelor of Education (Primary) or 1717 Bachelor of Education (Primary) Aboriginal and Torres Strait Islander Education.

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Apply the content and central concepts of the NSW K-10 PDHPE Syllabus and support documents within primary educational settings.
2. Create programs of integrated learning experiences covering all Health and Physical Education subject matters using a range of relevant pedagogies, assessment and teaching strategies.
3. Apply teaching strategies that are responsive to a diversity of student needs and backgrounds, including Aboriginal and Torres Strait Islander students, English as Additional Language students and students with additional needs.
4. Identify the role of Health and Physical Education within the broader school curriculum, including the relationship between Health and Physical Education contents and other Key Learning Areas of the curriculum and cross curriculum perspectives of literacy and numeracy.
5. Identify and critically analyse appropriate teaching and learning resources that can be used to enhance students' understanding of health concepts.
6. Apply appropriate Health and Physical Education pedagogies to improve learning.
7. Analyse the value of PDHPE as a lifelong learning experience through critically reflecting upon personal experiences with

movement, and values and attitudes around health and physical activity.

8. Examine the Wellbeing framework and the relationship between wellbeing and students' learning engagement and educational outcomes.

Subject Content

1. Health and Physical Education syllabus content and pedagogical knowledge.
2. Quality teaching pedagogies and engaging learning experiences that achieve the aims and outcomes of the NESA Personal Development, Health and Physical Education syllabus documents.
3. Organisational management strategies for teaching and learning in Health and Physical Education.
4. Planning and writing effective learning experiences for Health and Physical Education.
5. Student assessment in the key learning area of Health and Physical Education.
6. Using information and communication technologies to design, deliver and evaluate learning experiences and improve their own professional skills.

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Applied Project	Three minutes	10	N	Individual	N
Presentation	16 - 20 slides	40	N	Individual	N
Essay	2,000 words	50	N	Individual	N

Prescribed Texts

- Board of Studies, NSW. (2014). Personal Development, Health and Physical Education K-6 Syllabus. Retrieved from: <http://educationstandards.nsw.edu.au/wps/portal/nesa/k-10/learning-areas/pdhpe/pdhpe-K-6-syllabus>

Teaching Periods

Spring (2025)

Bankstown City

On-site

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View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=TEAC3010_25-SPR_BK_1#subjects)

Quarter 4 (2025)

Bankstown City

Hybrid

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View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=TEAC3010_25-Q4_BK_3#subjects)

Summer (2025)

Penrith (Kingswood)

On-site

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View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=TEAC3010_25-SUM_KW_1#subjects)