

PERF 7008 MUSIC THERAPY THEORY & PRACTICE 2

Credit Points 10

Legacy Code 100914

Coordinator Allison Fuller ([https://directory.westernsydney.edu.au/search/name/Allison Fuller/](https://directory.westernsydney.edu.au/search/name/Allison%20Fuller/))

Description This subject focuses on the delivery of music therapy to young adults, adults and older adults with various approaches and settings being explored across the semester. There is an emphasis on the role that music therapy plays in addressing the therapeutic goals of adult participants within settings including: community, medical, mental health, rehabilitation, and aged care. Verbal skills for music therapists and facilitating music therapy group work are also explored. The next steps in music therapy research are covered, with particular attention to conducting a systematic literature review. Students are guided in how to draw on evidence and examples from music therapy and related fields, through developing applied critical thinking skills and gathering knowledge in a systematic manner. Abstract writing and introduction to writing a research proposal is also included.

School Humanities & Comm Arts

Discipline Music

Student Contribution Band HECS Band 2 10cp

Check your fees via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Postgraduate Coursework Level 7 subject

Pre-requisite(s) PERF 6001 - Music Therapy Foundations Approaches
PERF 6002 - Music Therapy Theory Practice 1

Restrictions

This subject is only available to students enrolled in program 1650 Master of Creative Music Therapy.

Learning Outcomes

After successful completion of this subject, students will be able to:

1. Create effective online presentations, use intermediate critical thinking skills, and engage in intermediate active learning within the music therapy learning context
2. Apply knowledge focused on music therapy with young adults, adults, and older adults in relation to the standards of practice with this population group
3. Identify key considerations and methods in the delivery of music therapy to young adults, adults, and older adults across a range of settings
4. Conduct a systematic literature review focused on a specific area of diagnosis, with an application to either young adults, adults, or older adults
5. Identify and describe the Australian Music Therapy Association (AMTA) standards of practice and explain the purpose of the AMTA code of ethics at an intermediate level
6. Describe and explain the areas of verbal skills in relation to music therapy with young adults, adults, and older adults

Subject Content

Topics covered within this subject may include:

- Adult Practice Focus: Connecting music and therapy in the adult context; Music therapy groups, concepts and applications; Principles of counselling, individuals and groups. Verbal skills in music therapy, musical styles in practice and case material.
- Adult Practice Settings: Music therapy applications for adults within community, medical, in-patient mental health, neurologic care and rehabilitation, aged care, home/residential, and clinic/studio/centre settings.
- Research Focus: Evidence based practice (EBP); Evidence based research (EBR); Undertaking a research project; Writing music therapy abstracts.

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Short Answer	3000 words in total across 10 short answers	30	N	Individual	N
Presentation	10 minutes and 500 words, plus self & peer review	30	N	Individual	N
Literature Review	3000 words	40	N	Individual	N
Participation	Attendance at a minimum of 11 lectures across the semester	S/U	Y	Individual	Y

Prescribed Texts

There are no prescribed texts for this subject.

Teaching Periods

Autumn (2025) Penrith (Kingswood)

On-site

Subject Contact Allison Fuller ([https://directory.westernsydney.edu.au/search/name/Allison Fuller/](https://directory.westernsydney.edu.au/search/name/Allison%20Fuller/))

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=PERF7008_25-AUT_KW_1#subjects)