

NURS 7021 ESSENTIALS OF BEST PRACTICE IN MIDWIFERY

Credit Points 10

Legacy Code 401092

Coordinator Susanne Armour ([https://directory.westernsydney.edu.au/search/name/Susanne Armour/](https://directory.westernsydney.edu.au/search/name/Susanne%20Armour/))

Description This subject provides students with the opportunity to critically evaluate and apply evidence-based approaches to midwifery practice. The subject addresses the value of evidence-based midwifery practice, overviews the contribution of different research approaches to midwifery knowledge development and assists students to develop skills to locate and critique sources of evidence including systematic reviews, meta-analysis, meta-synthesis, integrative reviews, and clinical guidelines. Students are encouraged to become critical consumers of evidence relevant to midwifery practice and to appreciate the process of research design, practice development and practice change.

School Nursing & Midwifery

Discipline Midwifery

Student Contribution Band HECS Band 1 10cp

Check your fees via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Postgraduate Coursework Level 7 subject

Restrictions

Students must be enrolled in 4775 Graduate Diploma in Midwifery and be a registered nurse employed in a participating NSW Health Local Health District or private maternity facility in the position of a midwifery student.

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Discuss the value and application of evidence based midwifery practice
2. Undertake a literature search to identify key sources of evidence for a focused area of midwifery practice
3. Critique sources of evidence for midwifery practice (i.e. systematic reviews, meta-analysis, meta-synthesis, integrative reviews)
4. Plan and implement strategies to provide women with evidence based information that meets their individual needs
5. Understand the research process through the development of a research proposal

Subject Content

1. Evidence-based Midwifery Practice;
 - evidence based healthcare and Midwifery practice
 - Searching for sources of evidence in Midwifery practice
 - hierarchy of evidence
 - Steps used in The development of evidence-based practice Protocol for Midwifery practice
 - limitations of evidence based health care in Midwifery practice
2. Implementing Evidence in Midwifery Practice;
 - approaches for implementing evidence into Midwifery practice
 - development and implementation of guidelines/protocols

- Critical appraisal of clinical guidelines
- Working with women and evidence
- evaluation
- 3. Critiquing Sources of Evidence for Practice;
 - Overview approaches to research - methodologies and methods
 - Critical appraisal skills - what to Look for in published research
 - Critical appraisal of quantitative and Qualitative research
- 4. Undertaking a research proposal
 - Overview of research proposal processes
 - Understanding of Formulating A research question
 - research design
 - methods of Presenting research proposals

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Literature Review	2,000 words	50	N	Individual	Y
Proposal	750 words	30	N	Individual	Y
Poster	Minimum A2 size poster	20	N	Individual	Y

Prescribed Texts

- Hoffmann, T. (2017). Evidence-based practice across the health professions (3rd ed.). Chatswood, NSW: Elsevier Australia.

Teaching Periods

Spring (2025)

Parramatta - Victoria Rd

On-site

Subject Contact Susanne Armour ([https://directory.westernsydney.edu.au/search/name/Susanne Armour/](https://directory.westernsydney.edu.au/search/name/Susanne%20Armour/))

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NURS7021_25-SPR_PS_1#subjects)