

# NURS 3040 FOUNDATIONS OF NURSING PRACTICE

**Credit Points** 10

**Coordinator** Debra Raymond ([https://directory.westernsydney.edu.au/search/name/Debra Raymond/](https://directory.westernsydney.edu.au/search/name/Debra%20Raymond/))

**Description** Foundations of Nursing Practice is conducted in an intensive study mode that is offered to students with a previous Bachelor degree, Master degree, or higher and completed within the last 10 years. This subject will provide students with the essential foundational and core learning activities to support student transition into the Master of Nursing Practice (Preregistration). If a student is unsuccessful in attaining a satisfactory grade for this subject they will be requested to transfer into the undergraduate Bachelor of Nursing. All assessments in this subject are mandatory with a threshold requirement. There is a 100% attendance requirement in all workshops, tutorials and Clinical Practice Unit sessions.

**School** Nursing & Midwifery

**Discipline** General Nursing

**Student Contribution Band** HECS Band 1 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 3 subject

## Restrictions

Students must be enrolled in 4785 Master of Nursing Practice (Preregistration)

## Learning Outcomes

1. Identify the principles and practices of primary health care including health promotion, prevention and screening, early intervention, treatment, and management
2. Appraise principles and best practice of intraprofessional and interprofessional communication in nursing.
3. Perform assessments that are holistic as well as culturally appropriate, and are respectful of a person's dignity, culture, values, beliefs, and rights, within a simulated learning environment.
4. Accurately and timely document assessments and nursing care plans.
5. Apply the principles of safe medication administration in clinical scenarios within a simulated and clinical learning environment.
6. Practise in accordance with legislation, regulations, policies, guidelines and other relevant standards or requirements in nursing.

## Subject Content

### Module 1 - Contexts of Nursing

1. Principles of Primary Health Care (PHC)
  - National Health Priorities
2. Engagement with intraprofessional and interprofessional learning for collaborative practice
3. National Safety and Quality Health Service Standards
4. Understanding the relationship between professional and personal life
5. Introduction to diversity, culture, inclusion and cultural safety for all people

6. Reading and understanding evidence based research literature
7. Holistic assessment of health and wellness across the lifespan
8. Predictable/Normative life transitions across the lifespan

### Module 2 - Behavioural Science

1. Human development
  - Holistic overview of human development
  - Diversity in human relationships
  - Theories relevant to human development

### Module 3 - Bioscience

1. Integumentary, cardiovascular, respiratory, digestive, musculoskeletal, nervous, endocrine, reproductive and urinary systems
2. Introduction to human genomics
3. For each system, the concepts addressed are
  - anatomy and physiology
  - across the lifespan
  - homeostasis and health
  - activities of living
4. The ageing process
5. Introduction to pathophysiology
6. Introduction to pharmacology for nurses
7. Microbiology and infections - relevance for nursing
- 8 Immune Processes
9. Wound healing

### Module 4 - Law and Ethics

1. Legal Principles
2. Ethical Principles
3. Codes of Practice for Nurses
4. Case studies: Applying theory to practice

### Module 5 - Nursing Practice

1. Person centred care
2. Application of WH&S - standard precautions,
3. Introduce safety and quality standards as they relate to health care
4. Effective written and verbal communication
  - ISBAR and clinical handover
5. Holistic health assessment
6. Perform blood pressure, temperature, pulse, respiration, oxygen saturation, height; weight; centile; urine analysis assessment and reporting
7. Assess level of consciousness
8. Skin assessment and maintaining skin integrity
9. Assess oral health
10. Promote comfort measures
11. Hand hygiene
12. Aseptic technique and simple wound management
13. Safe medication administration -
14. Introduction to nursing responsibilities and practices when providing care for end-of-life care.
15. Identifying the person at risk - Falls assessment, Pressure injury, Venous thromboembolism
16. Routine Diagnostic Procedures
17. Peer reflection and evaluation on simulated skill practice

## Special Requirements

Essential equipment

Access to an internet enabled device is essential in order to be able to: access course materials; to participate in discussion groups; and to access additional resources provided by the lecturer during the session. See [http://www.westernsydney.edu.au/currentstudents/current\\_students/services\\_and\\_facilities/uwsonline\\_student\\_support](http://www.westernsydney.edu.au/currentstudents/current_students/services_and_facilities/uwsonline_student_support)

([http://www.westernsydney.edu.au/currentstudents/current\\_students/services\\_and\\_facilities/uwsonline\\_student\\_support/](http://www.westernsydney.edu.au/currentstudents/current_students/services_and_facilities/uwsonline_student_support/)) for further information.

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Portfolio	500 words	S/U	Y	Individual	Y
Professional Task	30 minutes	S/U	Y	Individual	Y
Professional Task	20 minutes	S/U	Y	Individual	Y
Practical Exam	25 minutes	S/U	Y	Individual	Y
Participation	All teaching weeks	S/U	Y	Individual	Y
Final Exam	1 hour	S/U	Y	Individual	Y

Teaching Periods

## Block A Session (2025)

Parramatta - Victoria Rd

On-site

**Subject Contact** Debra Raymond ([https://directory.westernsydney.edu.au/search/name/Debra Raymond/](https://directory.westernsydney.edu.au/search/name/Debra%20Raymond/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=NURS3040\\_25-BA\\_PS\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NURS3040_25-BA_PS_1#subjects))