

# NURS 2039 INDIGENOUS AUSTRALIAN HEALTH, WELLNESS AND CULTURE

**Credit Points** 10

**Legacy Code** 401454

**Coordinator** Liz Flannery (<https://directory.westernsydney.edu.au/search/name/Liz Flannery/>)

**Description** Indigenous Australian Health, Wellness and Culture subject will specifically enable nursing and midwifery students to investigate, discuss and develop an understanding of Aboriginal and Torres Strait Islander health, health statistics, historical and present-day issues associated with poor health outcomes in Aboriginal and Torres Strait Islander people. The concepts of cultural safety, health and illness will be discussed in terms of Aboriginal and Torres Strait Islander people. Students will explore and reflect on the impact of the different attitudes, institutional policies and value systems relating to the health of Aboriginal and Torres Strait Islander people in Australia.

**School** Nursing & Midwifery

**Discipline** General Nursing

**Student Contribution Band** HECS Band 1 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 2 subject

**Equivalent Subjects** NURS 2001 - Aboriginal and Torres Strait Islander Health

## Restrictions

Students must be enrolled in 4691 - Bachelor of Nursing, 4780 - Bachelor of Nursing ? WSU Online or 4684 - Bachelor of Midwifery.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Identify Aboriginal health as not just physical wellbeing of an individual but refers to the social, emotional, and cultural wellbeing of the whole community
2. Identify the role of family and community that underpin the health of Aboriginal and Torres Strait Islander peoples
3. Reflect on how colonisation has impacted the contemporary health situation of Aboriginal and Torres Strait Islander peoples
4. Compare current demographic, health indicators and statistical trends for Aboriginal and Torres Strait Islander peoples with non-Indigenous peoples in Australia
5. Critique strategies to deliver culturally safe health care to Aboriginal and Torres Strait Islander clients from a strengths-based approach
6. Appraise the role of nurses and/or midwives in achieving culturally safe health care for and with Aboriginal and Torres Strait Islander people

## Subject Content

Examine the culture of nursing and midwifery, along with the broader health system, in terms of their impact on Aboriginal and Torres Strait Islander health service experiences.

Describe the historical development of Aboriginal and Torres Strait Islander community-controlled health services and health sector initiatives.

Analyse the contemporary role of Aboriginal and Torres Strait Islander health professionals, organisations, and communities in delivering culturally safe health care to Aboriginal and Torres Strait Islander clients from a strengths-based approach.

### 1. Meaning of health and illness

- values, belief systems, attitudes, bias, cultural safety, and practices in The care of Aboriginal and Torres Strait Islander communities

- definitions of culture from The perspectives of Aboriginal and Torres Strait Islander people

- health and status of Aboriginal and Torres Strait Islander people

### 2. Social determinants of health in Aboriginal and Torres Strait Islander communities

- cultural isolation

- Poverty

- discrimination ? social and institutional

- historical events and health care policies - relate The impact It has had on Aboriginal and Torres Strait Islander peoples

### 3. Health care policies and service provision ? Bridging the gap

### 4. Ethical care in Aboriginal and Torres Strait Islander populations

- Models, theories, and cultural care

- NMBA Standards for registered Nurse practice

### 5. Relate the importance of culturally appropriate care and service provision for Aboriginal and Torres Strait Islander People

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

| Type       | Length              | Percent | Threshold | Individual/ Group Task |
|------------|---------------------|---------|-----------|------------------------|
| Quiz       | 30 minutes each x 2 | 20      | N         | Individual             |
| Reflection | 1000 words          | 35      | N         | Individual             |
| Portfolio  | 1000 words          | 45      | N         | Individual             |