

BEHV 4005 THEORY AND PRACTICE OF PSYCHOLOGICAL ASSESSMENT AND INTERVENTION

Credit Points 10

Legacy Code 101420

Coordinator Quincy Wong ([https://directory.westernsydney.edu.au/search/name/Quincy Wong/](https://directory.westernsydney.edu.au/search/name/Quincy%20Wong/))

Description This subject has been designed to introduce students to psychological assessment by providing practical and theoretical input regarding the administration, scoring, and interpretation of frequently used standardised measures. The scientific and ethical underpinnings of psychological testing and assessment are introduced providing a general context for the employment of standardised psychological tests. Emphasis will then be placed on familiarisation with i) the processes that practitioners go through during a testing session and ii) current research on employing the standardised tests presented in this subject. Students will practise with testing data, reporting results in compliance with American Psychological Association (APA) conventions.

School Psychology

Discipline Behavioural Science

Student Contribution Band HECS Band 4 10cp

Check your fees via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 4 subject

Restrictions

Students must be enrolled in programs 1796 Graduate Diploma of Psychology, 1865 Bachelor of Psychology (Honours), 1860 Bachelor of Psychological Studies (Honours), 1905 Bachelor of Psychological Science (Honours), 1504 Bachelor of Arts (Psychology) Honours, or 1500/1834 Bachelor of Psychology. Students enrolled in 1500/1834 Bachelor of Psychology or 1865 Bachelor of Psychology (Honours) must have successfully completed 240 credit points.

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Analyse psychological assessment instruments, including their theoretical underpinnings and results interpretation. (APAC Graduate Attributes (GA) 2.1, 2.3)
2. Evaluate the underlying theoretical principles for the treatment of common mental disorders. (APAC GA 2.1, 2.4)
3. Apply cognitive and behavioural theory-based interventions for common mental health problems. (APAC GA 2.1, 2.2, 2.4)
4. Communicate the results of a psychological assessment using a 'formal report structure'. (APAC GA 2.1, 2.3)
5. Present the results of a psychological assessment in different contexts, including cross-disciplinary team settings. (APAC GA 2.1, 2.3)

Subject Content

Principles of assessment
Norm-referenced tests
Evaluating results
Communicating results
Clinical assessments
Assessment guided intervention
Symptom management
Cognitive interventions
Behavioural interventions

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Presentation	10 minutes	20	N	Individual	Y
Report	1,500 words	40	N	Individual	Y
Final Exam	2 hours	40	N	Individual	N

Teaching Periods

Spring (2025)

Bankstown City

On-site

Subject Contact Quincy Wong ([https://directory.westernsydney.edu.au/search/name/Quincy Wong/](https://directory.westernsydney.edu.au/search/name/Quincy%20Wong/))

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=BEHV4005_25-SPR_BK_1#subjects)

Penrith (Kingswood)

On-site

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View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=BEHV4005_25-SPR_KW_1#subjects)

Parramatta - Victoria Rd

On-site

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