

# BEHV 2015 MENTAL HEALTH IN THE COMMUNITY (WSTC)

**Credit Points** 10

**Legacy Code** 700301

**Coordinator** Paul Rouillon ([https://directory.westernsydney.edu.au/search/name/Paul Rouillon/](https://directory.westernsydney.edu.au/search/name/Paul%20Rouillon/))

**Description** Mental health service delivery in the community is now the main form of care for people across the lifespan living with mental and emotional disorders. The development of a wider range of pharmacological, psychological and psychosocial treatments has enabled many people to live productively in the community. This subject explores the changes in policy and practice in the development of integrated mental health care and the impact of these changes on the lives of people living with mental illness and their communities. Early intervention, resilience and recovery are concepts explored in this subject in terms of mental health and wellbeing.

**School** Social Sciences

**Discipline** Behavioural Science

**Student Contribution Band** HECS Band 4 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 2 subject

**Equivalent Subjects** BEHV 2008 - Mental Health in the Community

## Restrictions

Students must be enrolled at Western Sydney University, The College. Students enrolled in Extended College programs must have passed 40 credit points of the preparatory subjects in these programs in order to enrol in this subject.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Identify the theories and discourses underlying contemporary mental health care and treatment.
2. Understand major mental health disorders, and argue the importance of early intervention and evidence based treatment and management.
3. Critically describe the significant policy changes and implications for mental health service delivery.
4. Recognise the presentation of mental illness and emotional disorders in clients in community settings.

## Subject Content

Mental health: contemporary theory, policy and practice issues.  
 Mental health literacy - understanding the diagnostic framework; signs and symptoms of mental illness.  
 Indigenous social and emotional wellbeing.  
 Cultural understandings of mental health and illness.  
 Navigating the mental health system.  
 The lived experience of mental illness.  
 Interventions in mental health and illness.  
 Advocacy and systemic change in mental health.  
 Mental health: contemporary theory, policy and practice issues.

Mental health literacy - understanding the diagnostic framework; signs and symptoms of mental illness.  
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## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Quiz	10 quizzes (via vUWS, 5 questions each)	10	N	Individual	N
Portfolio	500 words	20	N	Individual	N
Essay	1000 words	30	N	Individual	N
Case Study	250 words and 1250 words	40	N	Individual	N

## Prescribed Texts

- Hungerford, C., Hodgson, D., Bostwick, R., Clancy, R., Murphy, G., De Jong, G., & Ngune, I. (2018). Mental Health Care. Third Edition. Australia: Wiley.