

MASTER OF AGEING, WELLBEING AND SUSTAINABILITY (4781)

Western Sydney University Program Code: 4781

AQF Level: 9

This program applies to students who commenced in 2021 or later.

The Master of Ageing, Wellbeing and Sustainability program is designed to prepare practitioners and professionals involved in the planning and provision of services to aged communities to become a change agent in transforming a society that recognises older people as active contributors for the betterment of themselves and their communities.

With the aim to facilitate a sustainable milieu for individuals to age successfully, this program adopts a strength-based approach in addressing real-life challenges related to health and wellbeing, housing, transportation, use of technology, civic participation, cultural diversity and social inclusion.

This online program offers great flexibilities and a wide range of choices in study options that help graduates to meet their own learning needs, achieve desired career development goals or further pursue research interests. Graduates will be able to apply a comprehensive and integrated understanding of ageing in place to deliver outcomes and improve practices for an inclusive, sustainable and age-friendly future.

Early Exits

Students may exit this program on completion of 40 credit points with a 4783 Graduate Certificate in Ageing, Wellbeing and Sustainability (<https://hbook.westernsydney.edu.au/archives/2024-2025/programs/graduate-certificate-ageing-wellbeing-sustainability/>) or on completion of 80 credit points with a 4782 Graduate Diploma in Ageing, Wellbeing and Sustainability (<https://hbook.westernsydney.edu.au/archives/2024-2025/programs/graduate-diploma-ageing-wellbeing-sustainability/>)

- Director of Academic Program - Rachel Gregory-Wilson

Study Mode

One and a half years full-time or three years part-time.

Program Advice

School of Nursing and Midwifery Postgraduate Academic Program Advisor (SoNM_PG_APA@westernsydney.edu.au)

Location

Campus	Attendance	Mode	Advice
Online	Full Time	Online	See above
Online	Part Time	Online	See above

Inherent Requirements

There are inherent requirements for this program that you must meet in order to complete your program and graduate. Make sure you read and understand the requirements for this program online.

Inherent Requirements (https://www.westernsydney.edu.au/ir/inherent_requirements/inherent_requirements_for_postgraduate_nursing_courses/ageing-wellbeing-sustainability/)

Admission

Admission 2021-2024

Applicants must have successfully completed an undergraduate degree (AQF Level 7 or equivalent), in any discipline. Additionally, applicants must also have at least a Graduate Diploma related to Ageing, Health Sciences, Nursing, Social Sciences, Built Environment and Urban or Geography Studies.

Applications from Australian and New Zealand citizens and holders of permanent resident visas must be made via the Universities Admissions Centre (UAC). Use the links below to apply via UAC or Western Sydney University. Applications made directly to Western Sydney do not have an application fee.

Applicants who have undertaken studies overseas may have to provide proof of proficiency in English. Local and International applicants who are applying through the Universities Admissions Centre (UAC) will find details of minimum English proficiency requirements and acceptable proof on the UAC website. Local applicants applying directly to the University should also use the information provided on the UAC website.

<http://www.uac.edu.au/>

<https://westernsydney.uac.edu.au/ws/>

Overseas qualifications must be deemed by the Australian Education International - National Office of Overseas Skills Recognition (AEI-NOOSR) to be equivalent to Australian qualifications in order to be considered by UAC and Western Sydney University.

Admission 2025

Applicants must have successfully completed an undergraduate degree (AQF Level 7 or equivalent), in any discipline.

Applications from Australian and New Zealand citizens and holders of permanent resident visas must be made via the Universities Admissions Centre (UAC). Use the links below to apply via UAC or Western Sydney University. Applications made directly to Western Sydney do not have an application fee.

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<http://www.uac.edu.au/>

<https://westernsydney.uac.edu.au/ws/>

Overseas qualifications must be deemed by the Australian Education International - National Office of Overseas Skills Recognition (AEI-NOOSR) to be equivalent to Australian qualifications in order to be considered by UAC and Western Sydney University.

Recommended Sequence

Qualification for this award requires the successful completion of 120 credit points including the subjects listed below.

Full-time start-year intake

Course	Title	Credit Points
Year 1		
Autumn session		
NURS 7060	Optimising Contribution of Older People	10

PUBH 7014	Health and Socio-political Issues in Aged Care	10
PUBH 7018	Leadership for Quality and Safety in Health Care	10
NURS 7061	Professional Focus: Age-Friendly Future	10
Credit Points		40

Spring session

NURS 7059	Ageing in Place: Wellbeing and Sustainability	10
NURS 7082	Legal and Ethical Requirements to Support Decision Making in Health Care	10
PUBH 7026	Supporting Aged Communities	10
NURS 7019	Cultural and Social Diversity in Health Care	10
Credit Points		40

Year 2**Autumn session**

NURS 7089	Planetary Health and Environmental Design	10
Elective from available School of Nursing & Midwifery subjects		10
Credit Points		20

Spring session

NURS 7065	Capstone Experience in Health Care	20
Credit Points		20
Total Credit Points		120

Part-time start-year intake

Course	Title	Credit Points
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Year 1**Autumn session**

NURS 7060	Optimising Contribution of Older People	10
PUBH 7014	Health and Socio-political Issues in Aged Care	10
Credit Points		20

Spring session

NURS 7059	Ageing in Place: Wellbeing and Sustainability	10
NURS 7082	Legal and Ethical Requirements to Support Decision Making in Health Care	10
Credit Points		20

Year 2**Autumn session**

PUBH 7018	Leadership for Quality and Safety in Health Care	10
NURS 7061	Professional Focus: Age-Friendly Future	10
Credit Points		20

Spring session

PUBH 7026	Supporting Aged Communities	10
NURS 7019	Cultural and Social Diversity in Health Care	10
Credit Points		20

Year 3**Autumn session**

NURS 7089	Planetary Health and Environmental Design	10
Elective from available School of Nursing & Midwifery subjects		10
Credit Points		20

Spring session

NURS 7065	Capstone Experience in Health Care	20
Credit Points		20
Total Credit Points		120

Recommended Sequence

Qualification for this award requires the successful completion of 120 credit points as per the recommended sequence below.

Students must complete six 10 credit point core subjects (total of 60 credit points)

Students must choose one of the streams below

Master of Ageing, Wellbeing and Sustainability - Professional Stream

Students must successfully complete 120 credit points which includes the subjects listed in the recommended sequence below.

Students must choose 20 credit points from one area of focus

- Healthcare Service and Management Focus
- Design and Planning Focus
- Technology in Health Focus
- Society and Cultural Focus

Course	Title	Credit Points
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Year 1**Autumn session**

NURS 7059	Ageing in Place: Wellbeing and Sustainability	10
PUBH 7026	Supporting Aged Communities	10
PUBH 7014	Health and Socio-political Issues in Aged Care	10
NURS 7019	Cultural and Social Diversity in Health Care	10
Credit Points		40

Spring session

NURS 7060	Optimising Contribution of Older People	10
HLTH 7009	Leadership and Change	10
Select 20 credit points from the chosen area of focus, listed below		20
Credit Points		40

Year 2**Autumn session**

NURS 7062	Project Management in Healthcare	10
NURS 7061	Professional Focus: Age-Friendly Future	10
Select two electives		20
Credit Points		40
Total Credit Points		120

Focus Areas

Students must choose 20 credit points from their area of focus

Subject	Title	Credit Points
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Healthcare Service and Management Focus

HLTH 7022	Advanced Health Service Management	10
PUBH 7030	Health Systems Planning and Evaluation	10
HLTH 7024	Health Services Financing	10

HLTH 7029	Quality and Safety	10
PUBH 7020	Policy, Power and Politics in Health Care Provision	10

Design and Planning Focus

HLTH 7029	Quality and Safety	10
BLDG 7005	Egress and Risk Assessment	10
PUBH 7034	Workplace Safety and Risk Management	10

Technology in Health Focus

PUBH 7029	Digital Health Management	10
PUBH 7032	Patient-centred digital healthcare	10
HLTH 7025	Healthcare Data for Decision-Making	10

Society and Cultural Focus

Subjects in this area of focus are delivered in face-to-face mode.

TEAC 7043	Engaging Communities	10
HUMN 7040	Social Ecology	10
HUMN 7018	Ecopsychology and Cultural Change	10
HUMN 7018 is offered in 2H in face-to-face mode		

Master of Ageing, Wellbeing and Sustainability - Research Stream

Students must successfully complete 120 credit points which includes the subjects listed in the recommended sequence below.

Course	Title	Credit Points
Year 1		
Autumn session		
NURS 7059	Ageing in Place: Wellbeing and Sustainability	10
PUBH 7026	Supporting Aged Communities	10
PUBH 7014	Health and Socio-political Issues in Aged Care	10
NURS 7019	Cultural and Social Diversity in Health Care	10
Credit Points		40
Spring session		
NURS 7060	Optimising Contribution of Older People	10
HLTH 7009	Leadership and Change	10
NURS 7022	Ethics in Health Research	10
NURS 7004	Applied Research in Health Care	10
Credit Points		40
Year 2		
Autumn session		
NURS 7042	Research Project in Health Care	20
Select two electives		20
Credit Points		40
Total Credit Points		120