

# BACHELOR OF HEALTH SCIENCE (HEALTH AND PHYSICAL EDUCATION)-PATHWAY TO TEACHING (SECONDARY) (4742)

**Approved Abbreviation:** BHSc(HPE)Path

**Western Sydney University Program Code:** 4742

**AQF Level:** 7

**CRICOS Code:** 089200A

NOTE: This program is Suspended from 2026 intake onward.

The Bachelor of Health and Physical Education (HPE) Pathway to Teaching (Secondary) brings together a comprehensive foundation of health sciences, understanding of physical activity, and skills in interacting with people. The program explores challenging areas of personal development, including youth health issues, sexuality, drugs, psychology and risk-taking behaviours, as well as general health science, including human biology, health systems, health promotion and research. Enrolment in this program involves direct pathway to a Master of Teaching degree, and then on to a teaching career. Teaching opportunities can be extended beyond HPE by studying electives, such as science and mathematics, where students gain a second teaching area in a subject of their choice. The degree also gives the advantage of early access to Education Studies subjects through mandatory completion of an Education Studies minor. These subjects of study are structured to gain the necessary learning areas to satisfy the Board of Studies, Teaching and Educational Standards discipline knowledge requirements for entry into teaching.

## Study Mode

Three years full-time.

## Program Advice

healthsciences@westernsydney.edu.au

Prospective students should visit the following websites for general enquiries about this program.

Enquire about this program (<https://enquiry.westernsydney.edu.au/courseenquiry/>) | Local Admission (<https://www.westernsydney.edu.au/future/>) | International Admission (<https://www.westernsydney.edu.au/international/home/apply/admissions/>) |

## Location

Campus	Attendance	Mode	Advice
Penrith Campus	Full Time	Internal	See above

## Accreditation

Graduates may be eligible to apply for accreditation with the NSW Education Standards Authority following the successful completion of a recognised teaching qualification such as the Master of Teaching (Secondary).

## Work Integrated Learning

Western Sydney University seeks to enhance student learning experiences by enabling students to engage in the culture, expectations and practices of their profession or discipline. This program includes a placement or other community-based unpaid practical experience.

There is a mandatory work component required for completion of this program. Please contact the Program Advisor listed above for information.

International students should also refer to the link below for more information and a link to the Commonwealth Register of Institutions and Courses for Overseas Students (CRICOS).

Work Integrated Learning (WIL) for international students ([https://www.westernsydney.edu.au/currentstudents/current\\_students/services\\_and\\_facilities/international\\_student\\_support/working\\_in\\_australia/work\\_integrated\\_learning/](https://www.westernsydney.edu.au/currentstudents/current_students/services_and_facilities/international_student_support/working_in_australia/work_integrated_learning/))

## Vaccination Requirements

For those students enrolling in 2022, please be aware of the below Public Health Order and Department of Education requirements.

Students will be required to meet the below order to be able to attend their relevant placements in Schools (SPRT 2007 Games for Diverse Groups, SPRT 3003 Coaching Sport and Recreation Activities) and with relevant sporting clubs (SPRT 3003 Coaching Sport and Recreation Activities):

- The Public Health (COVID-19 Vaccination of Education and Care Workers): Order dated 23 September states that:
  - all education and care workers must not carry out relevant work on or after 8 November 2021 unless the worker has –
    - Had 2 doses of a COVID-19 vaccine, or
    - Been issued with a medical contraindication certificate (there is a specific certificate issued by a medical practitioner – a normal Doctor's Certificate will not be accepted)

## Admission

- Assumed knowledge: any 2 subjects of English.
- Recommended Studies: Personal Development, Health and Physical Education or Community and Family Studies

Applications from Australian and New Zealand citizens and holders of permanent resident visas may be made via the Universities Admissions Centre (UAC) or directly through the Western Portal. Use the links below to apply via UAC or Western Sydney University. Applications made directly to Western Sydney do not have an application fee.

<http://www.uac.edu.au/>  
<https://westernsydney.uac.edu.au/ws/>

Applicants who have undertaken studies overseas may have to provide proof of proficiency in English. Local applicants who are applying through the Universities Admissions Centre (UAC) will find details of minimum English proficiency requirements and acceptable proof on the UAC website. Local applicants applying directly to the University should also use the information provided on the UAC website.

International students currently completing an Australian Year 12 in or outside Australia, an International Baccalaureate in Australia or a New Zealand National Certificate of Educational Achievement (NCEA) level 3 must apply via UAC International.

<http://www.uac.edu.au/>

All other International applicants must apply directly to the University via the International Office.

International students applying to the University through the International Office can find details of minimum English proficiency requirements and acceptable proof on their website.

International Office (<http://www.westernsydney.edu.au/international/>)

Overseas qualifications must be deemed by the Australian Education International - National Office of Overseas Skills Recognition (AEI-NOOSR) to be equivalent to Australian qualifications in order to be considered by UAC and Western Sydney University.

For international students, admission is through direct application to the university with IELTS equal to 6.5 or above.

## Special Requirements Prerequisites

In order to enrol in Second Year Autumn subjects, all students must have:

1. Working with Children Check.
2. Child Protection Certificate.

## Program Structure

Qualification for this award requires the successful completion of 240 credit points which include the subjects listed in the recommended sequence.

Note: At least 60 credit points must be at Level 3 or above.

Note: For placement in schools, students must complete a Child Protection Policies and Procedures module. This requirement is completed through tutorials and assessment in HLTH 1010 Professional Health Competencies.

## Minors

In addition, all students must complete the mandatory minor in Education Studies (0129 Education Studies, Minor).

Students must meet this requirement by enrolling in SPRT 1005 Outdoor Recreation as one (10 credit points) of their 0129 Education Studies minor subjects while the remaining three subjects (30 credit points) are open to student choice from within the 0129 minor framework.

Education Studies, Minor (0129) (<https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/education-studies-minor/>)

## Second Teaching Field of Study

Please contact Program Advice e-mail for further information on the second teaching field of study.

## Recommended Sequence

### Start-year intake

Course	Title	Credit Points	Credit Points	40
<b>Year 1</b>				

#### Autumn session

PUBH 1006	Population Health and Society	10
SPRT 1001	Fundamentals of Exercise Science	10
BIOS 1035	Anatomy and Physiology in Health	10
HLTH 1013	Professional Competencies in Health	10

Note: Subject BIOS 1035 Anatomy and Physiology in Health replaces BIOS 1022 Introduction to Human Biology from Autumn 2021.

Note: Subject HLTH 1013 Professional Competencies in Health replaces HLTH 1010 Professional Health Competencies from Autumn 2021.

Credit Points	40
<b>Spring session</b>	
SPRT 1005	Outdoor Recreation
HLTH 1006	Movement and Skill Development

BEHV 1014	Psychology and Health	10
HLTH 1012	Evidence in Health	10
Note: Subject HLTH 1012 Evidence in Health replaces HLTH 1001 Foundations of Research and Evidence-based Practice from Autumn 2021.		

Credit Points	40
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#### Year 2

##### Autumn session

PUBH 2005	Culture, Diversity and Health	10
BEHV 3025	Sport and Exercise Psychology	10
Select one subject from the Education Studies minor		
Select one subject for second teaching field of study or one elective subject		10

Credit Points	40
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##### Spring session

SPRT 2007	PDHPE: Games for Diverse Groups	10
SPRT 2007 replaced by SPRT 2013 from 2023		
NATS 2040	Physical Activity, Nutrition and Health	10
Note: Subject NATS 2040 Physical Activity, Nutrition and Health replaces HLTH 2019 Physical Activity, Nutrition and Health from Autumn 2020.		
Select one subject from the Education Studies minor		10
Select one subject for second teaching field of study or one elective subject		10

Credit Points	40
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#### Year 3

##### Autumn session

SPRT 3003	Coaching Sport and Recreation Activities	10
SPRT 3005	Contemporary Youth Health Issues	10
BEHV 3015	Motor Control and Skill Acquisition	10
Note: HLTH 2031 has replaced BEHV 3015		
Select one subject for second teaching field of study or one elective subject		10

Credit Points	40
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##### Spring session

HLTH 3008	Gymnastics and Dance	10
SPRT 3001	Applied Exercise Science for Personal Trainers and Coaches	10
Select one subject from the Education Studies minor		
Select one subject for second teaching field of study or one elective subject		10

Credit Points	40
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#### Total Credit Points

240

#### Mid-year intake

Course	Title	Credit Points
<b>Year 1</b>		
<b>Spring session</b>		
SPRT 1005      Outdoor Recreation		
NATS 2040      Physical Activity, Nutrition and Health		
BEHV 1014      Psychology and Health		
HLTH 1012      Evidence in Health		
Note: Subject NATS 2040 Physical Activity, Nutrition and Health replaces HLTH 2019 Physical Activity, Nutrition and Health from Autumn 2020.		

Credit Points	40
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Note: Subject HLTH 1012 Evidence in Health replaces HLTH 1001 Foundations of Research and Evidence-based Practice from Spring 2021.

Western Sydney University also offers the following innovative transdisciplinary Challenge Minors ([https://www.westernsydney.edu.au/educational\\_partnerships\\_and\\_quality/home/challenge\\_minors/](https://www.westernsydney.edu.au/educational_partnerships_and_quality/home/challenge_minors/)) which we encourage those students who have elective space to consider.

<b>Credit Points</b>		<b>40</b>	
<b>Autumn session</b>			
PUBH 1006	Population Health and Society	10	Equitable Technologies ( <a href="https://hbook.westernsydney.edu.au/majors-minors/equitable-technologies-minor/">https://hbook.westernsydney.edu.au/majors-minors/equitable-technologies-minor/</a> )
BIOS 1022	Introduction to Human Biology	10	Urban Evolution ( <a href="https://hbook.westernsydney.edu.au/majors-minors/urban-evolution-minor/">https://hbook.westernsydney.edu.au/majors-minors/urban-evolution-minor/</a> )
SPRT 1001	Fundamentals of Exercise Science	10	Migration and Global Change ( <a href="https://hbook.westernsydney.edu.au/majors-minors/migration-global-change-minor/">https://hbook.westernsydney.edu.au/majors-minors/migration-global-change-minor/</a> )
HLTH 1010	Professional Health Competencies	10	Personal Innovation ( <a href="https://hbook.westernsydney.edu.au/majors-minors/personal-innovation-minor/">https://hbook.westernsydney.edu.au/majors-minors/personal-innovation-minor/</a> )
<b>Credit Points</b>		<b>40</b>	
<b>Year 2</b>			
<b>Spring session</b>			
HLTH 1006	Movement and Skill Development	10	Innovating, Creating and Problem Solving ( <a href="https://hbook.westernsydney.edu.au/majors-minors/innovating-creating-problem-solving-minor/">https://hbook.westernsydney.edu.au/majors-minors/innovating-creating-problem-solving-minor/</a> )
SPRT 2007	PDHPE: Games for Diverse Groups	10	Eco-Socially Conscious Design and Manufacturing ( <a href="https://hbook.westernsydney.edu.au/majors-minors/eco-socially-conscious-design-manufacturing-minor/">https://hbook.westernsydney.edu.au/majors-minors/eco-socially-conscious-design-manufacturing-minor/</a> )
SPRT 2007 replaced by SPRT 2013 from 2023			
Select one subject from the Education Studies minor		10	Water for Life ( <a href="https://hbook.westernsydney.edu.au/majors-minors/water-life-minor/">https://hbook.westernsydney.edu.au/majors-minors/water-life-minor/</a> )
Select one subject for second teaching field of study or one elective subject		10	Climate Justice ( <a href="https://hbook.westernsydney.edu.au/majors-minors/climate-justice-minor/">https://hbook.westernsydney.edu.au/majors-minors/climate-justice-minor/</a> )
<b>Credit Points</b>		<b>40</b>	
<b>Autumn session</b>			
PUBH 2005	Culture, Diversity and Health	10	Creative and Visual Communication ( <a href="https://hbook.westernsydney.edu.au/majors-minors/creative-visual-communication-minor/">https://hbook.westernsydney.edu.au/majors-minors/creative-visual-communication-minor/</a> )
SPRT 3003	Coaching Sport and Recreation Activities	10	Select one subject from the Education Studies minor
Select one subject from the Education Studies minor		10	Global Workplaces ( <a href="https://hbook.westernsydney.edu.au/majors-minors/global-workplaces-minor/">https://hbook.westernsydney.edu.au/majors-minors/global-workplaces-minor/</a> )
Select one subject for second teaching field of study or one elective subject		10	Innovating For Humans ( <a href="https://hbook.westernsydney.edu.au/majors-minors/innovating-humans-minor/">https://hbook.westernsydney.edu.au/majors-minors/innovating-humans-minor/</a> )
<b>Credit Points</b>		<b>40</b>	
<b>Year 3</b>			
<b>Spring session</b>			
HLTH 3008	Gymnastics and Dance	10	Creative Living for Cultural Wellbeing ( <a href="https://hbook.westernsydney.edu.au/majors-minors/creative-living-cultural-wellbeing-minor/">https://hbook.westernsydney.edu.au/majors-minors/creative-living-cultural-wellbeing-minor/</a> )
SPRT 3001	Applied Exercise Science for Personal Trainers and Coaches	10	Ideate.Strategise.Innovate. ( <a href="https://hbook.westernsydney.edu.au/majors-minors/ideate-strategise-innovate-minor/">https://hbook.westernsydney.edu.au/majors-minors/ideate-strategise-innovate-minor/</a> )
Select one subject from the Education Studies minor		10	Humanising Data ( <a href="https://hbook.westernsydney.edu.au/majors-minors/humanising-data-minor/">https://hbook.westernsydney.edu.au/majors-minors/humanising-data-minor/</a> )
Select one subject for second teaching field of study or one elective subject		10	For more information, visit the Challenge Minor ( <a href="https://www.westernsydney.edu.au/educational_partnerships_and_quality/home/challenge_minors/">https://www.westernsydney.edu.au/educational_partnerships_and_quality/home/challenge_minors/</a> ) website.
<b>Credit Points</b>		<b>40</b>	
<b>Autumn session</b>			
BEHV 3025	Sport and Exercise Psychology	10	Search for majors and minors ( <a href="https://hbook.westernsydney.edu.au/majors-minors/">https://hbook.westernsydney.edu.au/majors-minors/</a> )
SPRT 3005	Contemporary Youth Health Issues	10	Students can apply for an elective minor via Western Now.
BEHV 3015	Motor Control and Skill Acquisition	10	WesternNow ( <a href="https://www.westernsydney.edu.au/westernnow/">https://www.westernsydney.edu.au/westernnow/</a> )
Note: HLTH 2031 has replaced BEHV 3015			
Select one subject for second teaching field of study or one elective subject		10	Exercise Science, Minor ( <a href="https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/exercise-science-minor/">https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/exercise-science-minor/</a> )
<b>Credit Points</b>		<b>40</b>	
<b>Total Credit Points</b>		<b>240</b>	

## Minor elective spaces

Elective subjects may be used toward obtaining an additional approved minor (40 credit points). Western Sydney University offers minors in a range of areas including Sustainability and Indigenous Studies.

Students who maintain a GPA of 5 or higher may use elective subjects toward obtaining an additional approved minor in Critical Thinking.

Critical Thinking, Minor (<https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/critical-thinking/>)

Global Sustainability Minor (<https://hbook.westernsydney.edu.au/majors-minors/global-sustainability-minor/>)  
 Indigenous Australian Studies Minor (<https://hbook.westernsydney.edu.au/majors-minors/indigenous-australian-studies-minor/>)

Sustainable Futures, Minor (<https://hbook.westernsydney.edu.au/majors-minors/sustainable-futures-minor/#structuretext>)