

HEALTH AND RECREATION, MINOR (0243)

Western Sydney University Minor Code: 0243

Previous Code: SM4004.1

Available to students in other Western Sydney University

Programs: Yes, however the following restrictions apply.

Health and Recreation Minor is a foundational study in recreational therapy for any student who meets its units' pre-requisite rules and is not enrolled in another recreational therapy field of study of the Bachelor of Health Science or Diploma in Health Science/Bachelor of Health Science. This Minor may be taken by students who undertake the Bachelor of Health Science testamur majors in Health Promotion, Clinical Sciences, Public Health, or Health Services Management, or another course of the University.

Special Requirements

Please Note: Enrolment in the subjects, REHA1007 (<https://hbook.westernsydney.edu.au/archives/2024-2025/subject-details/reha1007/>) and REHA2015 (<https://hbook.westernsydney.edu.au/archives/2024-2025/subject-details/reha2015/>) in this minor, require completion of NSW Health Mandatory requirements. Please see the subject handbook pages for further details.

Location

Campus	Mode	Advice
Campbelltown Campus Internal		Dr Caterina Tannous (https://directory.westernsydney.edu.au/search/email/c.tannous@westernsydney.edu.au)
	Online	Dr Caterina Tannous (https://directory.westernsydney.edu.au/search/email/c.tannous@westernsydney.edu.au)
Sydney City Campus* Internal		Dr Andrey Zheluk (https://directory.westernsydney.edu.au/search/email/a.zheluk@city.westernsydney.edu.au)

* Curriculum delivered through an agreement with another party

Minor Structure

Students must complete the following 40 credit points of subjects:

Subject	Title	Credit Points
Autumn session		
REHA 1007	Foundations of Recreational Therapy	10
REHA 2015	Recreational Therapy Process and Planning	10
Spring session		
REHA 1008	Introduction to Leisure and Recreation Theory	10
REHA 3041	Facilitation in Recreational Therapy	10
Total Credit Points		40

Related Programs

Bachelor of Health Science (4656) (<https://hbook.westernsydney.edu.au/archives/2024-2025/programs/bachelor-health-science/>)

Bachelor of Psychology (Honours) (1865) (<https://hbook.westernsydney.edu.au/archives/2024-2025/programs/bachelor-psychology-honours/>)

Bachelor of Sport Development (4741) (<https://hbook.westernsydney.edu.au/archives/2024-2025/programs/bachelor-sport-development/>)

Diploma in Health Science/Bachelor of Health Science (6000) (<https://hbook.westernsydney.edu.au/archives/2024-2025/programs/diploma-health-science-bachelor-health-science/>)