

# HEALTH PROMOTION, TESTAMUR MAJOR (T018)

Western Sydney University Major Code: T018

Previous Code: MT4001.1

Available to students in other Western Sydney University programs?  
No

Health Promotion extends beyond raising awareness of healthcare issues. It also involves developing and implementing strategies for communities, individuals and policy makers to support good health and wellbeing. Health Promotion graduates help address health inequities in communities, link individuals and communities with healthcare, and assist individuals and communities to follow healthy behaviours, working across sectors and engaging collaboratively with communities to do so. Health promotion projects are as diverse as injury prevention, skin cancer prevention, HIV/AIDS awareness and community development. Health promotion professionals work in diverse settings including healthcare, workplace and educational facilities, community, local, state and federal government, private industry and not-for profit organisations. The major combines studies of health politics and planning, health promotion practice and public health with a comprehensive foundation in the health sciences to develop the professional competencies important for ethical and safe practice. Students will develop the skills required to work in multidisciplinary teams. Evidence-based practice is one of the most important trends in healthcare today and a strong feature of the major. The major includes 140 hours of professional practice placement.

## Location

Campus	Mode	Advice
Campbelltown Campus	Internal	HealthSciences@westernsydney.edu.au
	Online	HealthSciences@westernsydney.edu.au
Sydney City Campus*	Internal	Dr Andrey Zheluk (https://directory.westernsydney.edu.au/search/email/a.zheluk@city.westernsydney.edu.au)

\* Curriculum delivered through an agreement with another party

## Major Structure

For 4656 Bachelor of Health Science students who want Health Promotion as their primary testamur major in health science. Health Promotion will be written on the graduation testamur. This major is made up of 80 credit points

## Recommended Sequence

### Bachelor of Health Science Full-time start-year intake

Course	Title	Credit Points
<b>Year 1</b>		
<b>Autumn session</b>		
PUBH 1006	Population Health and Society	10
HLTH 1013	Professional Competencies in Health	10
BIOS 1035	Anatomy and Physiology in Health	10
PUBH 1010	Health Promotion Theory and Approaches	10
<b>Credit Points</b>		<b>40</b>

<b>Spring session</b>		
COMM 1007	Communication in Health	10
HLTH 1012	Evidence in Health	10
BIOS 1036	Human Development and Disease across the lifespan	10
PUBH 1011	Promoting Health Collaboratively in Communities	10
<b>Credit Points</b>		<b>40</b>
<b>Year 2</b>		
<b>Autumn session</b>		
HLTH 2024	Research Methods in Health	10
PUBH 2005	Culture, Diversity and Health	10
Select two electives		20
<b>Credit Points</b>		<b>40</b>
<b>Spring session</b>		
PUBH 3025	Health Policy and Advocacy	10
PUBH 3026	Health Promotion Planning and Implementation	10
BEHV 1014	Psychology and Health	10
Select one elective		10
<b>Credit Points</b>		<b>40</b>
<b>Year 3</b>		
<b>Autumn session</b>		
PUBH 3028	Transforming Health	10
PUBH 3022	Advances and Challenges in Health Promotion	10
Select two electives		20
<b>Credit Points</b>		<b>40</b>
<b>Spring session</b>		
MEDI 3007	Professional Health Placement	10
Select three electives		30
<b>Credit Points</b>		<b>40</b>
<b>Total Credit Points</b>		<b>240</b>

### Bachelor of Health Science Full-time mid-year intake

Course	Title	Credit Points
<b>Year 1</b>		
<b>Spring session</b>		
COMM 1007	Communication in Health	10
HLTH 1013	Professional Competencies in Health	10
PUBH 1011	Promoting Health Collaboratively in Communities	10
HLTH 1012	Evidence in Health	10
<b>Credit Points</b>		<b>40</b>
<b>Autumn session</b>		
BIOS 1035	Anatomy and Physiology in Health	10
PUBH 1006	Population Health and Society	10
PUBH 1010	Health Promotion Theory and Approaches	10
Select one elective		10
<b>Credit Points</b>		<b>40</b>
<b>Year 2</b>		
<b>Spring session</b>		
PUBH 3025	Health Policy and Advocacy	10
PUBH 3026	Health Promotion Planning and Implementation	10

BIOS 1036	Human Development and Disease across the lifespan	10
BEHV 1014	Psychology and Health	10
<b>Credit Points</b>		<b>40</b>
<b>Autumn session</b>		
HLTH 2024	Research Methods in Health	10
PUBH 2005	Culture, Diversity and Health	10
Select two electives		20
<b>Credit Points</b>		<b>40</b>
<b>Year 3</b>		
<b>Spring session</b>		
MEDI 3007	Professional Health Placement	10
Select three electives		30
<b>Credit Points</b>		<b>40</b>
<b>Autumn session</b>		
PUBH 3028	Transforming Health	10
PUBH 3022	Advances and Challenges in Health Promotion	10
Select two electives		20
<b>Credit Points</b>		<b>40</b>
<b>Total Credit Points</b>		<b>240</b>

### Diploma in Health Science/Bachelor of Health Science (Health Promotion) Full-time start-year intake

Course	Title	Credit Points
<b>Year 1</b>		
<b>Term 1</b>		
PUBH 1007	Population Health and Society (WSTC)	10
HLTH 0005	The Health Science Professional (WSTC Prep)	10
NATS 0006	Fundamentals of Health Science (WSTC Prep)	10
HLTH 1015	Professional Competencies in Health (WSTC)	10
<b>Term 2</b>		
BEHV 1015	Psychology and Health (WSTC)	10
HLTH 1014	Evidence in Health (WSTC)	10
BIOS 1038	Anatomy and Physiology in Health (WSTC)	10
<b>Term 3</b>		
BIOS 1037	Human Development and Disease across the Lifespan (WSTC)	10
COMM 1008	Communication in Health (WSTC)	10
PUBH 2006	Culture, Diversity and Health (WSTC)	10
<b>Credit Points</b>		<b>100</b>
<b>Year 2</b>		
<b>Autumn session</b>		
PUBH 1010	Health Promotion Theory and Approaches	10
HLTH 2024	Research Methods in Health	10
Select two electives		20
<b>Credit Points</b>		<b>40</b>
<b>Spring session</b>		
PUBH 3025	Health Policy and Advocacy	10
PUBH 3026	Health Promotion Planning and Implementation	10

PUBH 1011	Promoting Health Collaboratively in Communities	10
Select one elective		10
<b>Credit Points</b>		<b>40</b>
<b>Year 3</b>		
<b>Autumn session</b>		
PUBH 3028	Transforming Health	10
PUBH 3022	Advances and Challenges in Health Promotion	10
Select two electives		20
<b>Credit Points</b>		<b>40</b>
<b>Spring session</b>		
MEDI 3007	Professional Health Placement	10
Select three electives		30
<b>Credit Points</b>		<b>40</b>
<b>Total Credit Points</b>		<b>260</b>

### Diploma in Health Science/Bachelor of Health Science (Health Promotion) Full-time mid-year intake

Course	Title	Credit Points
<b>Year 1</b>		
<b>Term 2</b>		
HLTH 1015	Professional Competencies in Health (WSTC)	10
HLTH 0005	The Health Science Professional (WSTC Prep)	10
PUBH 1007	Population Health and Society (WSTC)	10
NATS 0006	Fundamentals of Health Science (WSTC Prep)	10
<b>Term 3</b>		
BIOS 1037	Human Development and Disease across the Lifespan (WSTC)	10
COMM 1008	Communication in Health (WSTC)	10
PUBH 2006	Culture, Diversity and Health (WSTC)	10
<b>Term 1</b>		
BIOS 1038	Anatomy and Physiology in Health (WSTC)	10
BEHV 1015	Psychology and Health (WSTC)	10
HLTH 1014	Evidence in Health (WSTC)	10
<b>Credit Points</b>		<b>100</b>
<b>Year 2</b>		
<b>Spring session</b>		
PUBH 1011	Promoting Health Collaboratively in Communities	10
Select three electives		30
<b>Credit Points</b>		<b>40</b>
<b>Autumn session</b>		
HLTH 2024	Research Methods in Health	10
PUBH 1010	Health Promotion Theory and Approaches	10
Select two electives		20
<b>Credit Points</b>		<b>40</b>
<b>Year 3</b>		
<b>Spring session</b>		
MEDI 3007	Professional Health Placement	10
PUBH 3025	Health Policy and Advocacy	10

PUBH 3026	Health Promotion Planning and Implementation	10
Select one elective		10
<b>Credit Points</b>		<b>40</b>
<b>Autumn session</b>		
PUBH 3028	Transforming Health	10
PUBH 3022	Advances and Challenges in Health Promotion	10
Select two electives		20
<b>Credit Points</b>		<b>40</b>
<b>Total Credit Points</b>		<b>260</b>

## Electives

Students must take at least one level 3 subject as an elective.

Most electives are 10 credit points.

Students may wish to consider using elective choices to complete another health sciences field of study

## Minors

Health Practice Management, Minor (<https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/health-practice-management-minor/>)  
 Public Health, Minor (<https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/public-health-minor/>)  
 Health and Recreation, Minor (<https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/health-recreation-minor/>)  
 Sport Development, Minor (<https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/sport-development-minor/>)  
 Physical Activity and Health, Minor (<https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/physical-activity-health-minor/>)

## Majors

Public Health, Major (<https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/public-health-major/>)

## Related Programs

Bachelor of Health Science (4656) (<https://hbook.westernsydney.edu.au/archives/2024-2025/programs/bachelor-health-science/>)

Diploma in Health Science/Bachelor of Health Science (6000) (<https://hbook.westernsydney.edu.au/archives/2024-2025/programs/diploma-health-science-bachelor-health-science/>)