

HEALTH PROMOTION, TESTAMUR MAJOR (T018)

Western Sydney University Major Code: T018

Previous Code: MT4001.1

Available to students in other Western Sydney University programs?

No

Health Promotion extends beyond raising awareness of healthcare issues. It also involves developing and implementing strategies for communities, individuals and policy makers to support good health and wellbeing. Health Promotion graduates help address health inequities in communities, link individuals and communities with healthcare, and assist individuals and communities to follow healthy behaviours, working across sectors and engaging collaboratively with communities to do so. Health promotion projects are as diverse as injury prevention, skin cancer prevention, HIV/AIDS awareness and community development. Health promotion professionals work in diverse settings including healthcare, workplace and educational facilities, community, local, state and federal government, private industry and not-for profit organisations. The major combines studies of health politics and planning, health promotion practice and public health with a comprehensive foundation in the health sciences to develop the professional competencies important for ethical and safe practice. Students will develop the skills required to work in multidisciplinary teams. Evidence-based practice is one of the most important trends in healthcare today and a strong feature of the major. The major includes 140 hours of professional practice placement.

Location

Campus	Mode	Advice	Credit Points
Campbelltown Campus	Internal	HealthSciences@westernsydney.edu.au	10
	Online	HealthSciences@westernsydney.edu.au	30
Sydney City Campus*	Internal	Dr Andrey Zheluk (https://directory.westernsydney.edu.au/search/email/a.zheluk@city.westernsydney.edu.au)	10

* Curriculum delivered through an agreement with another party

Major Structure

For 4656 Bachelor of Health Science students who want Health Promotion as their primary testamur major in health science. Health Promotion will be written on the graduation testamur. This major is made up of 80 credit points

Recommended Sequence

Bachelor of Health Science Full-time start-year intake

Course	Title	Credit Points	Credit Points
Year 1			
Autumn session			
PUBH 1006	Population Health and Society	10	
HLTH 1013	Professional Competencies in Health	10	
BIOS 1035	Anatomy and Physiology in Health	10	
PUBH 1010	Health Promotion Theory and Approaches	10	
	Select one elective		10
			Credit Points
			40
Year 2			
Spring session			
COMM 1007	Communication in Health	10	
HLTH 1012	Evidence in Health	10	
BIOS 1036	Human Development and Disease across the lifespan	10	
PUBH 1011	Promoting Health Collaboratively in Communities	10	
			Credit Points
			40
Year 2			
Autumn session			
HLTH 2024	Research Methods in Health	10	
PUBH 2005	Culture, Diversity and Health	10	
Select two electives			20
			Credit Points
			40
Year 3			
Autumn session			
PUBH 3028	Transforming Health	10	
PUBH 3022	Advances and Challenges in Health Promotion	10	
Select two electives			20
			Credit Points
			40
Spring session			
MEDI 3007	Professional Health Placement	10	
Select three electives			30
			Credit Points
			40
			Total Credit Points
			240

Bachelor of Health Science Full-time mid-year intake

Course	Title	Credit Points
Year 1		
Spring session		
COMM 1007	Communication in Health	10
HLTH 1013	Professional Competencies in Health	10
PUBH 1011	Promoting Health Collaboratively in Communities	10
HLTH 1012	Evidence in Health	10
		Credit Points
		40
Autumn session		
BIOS 1035	Anatomy and Physiology in Health	10
PUBH 1006	Population Health and Society	10
PUBH 1010	Health Promotion Theory and Approaches	10
Select one elective		10
		Credit Points
		40
Year 2		
Spring session		
PUBH 3025	Health Policy and Advocacy	10
PUBH 3026	Health Promotion Planning and Implementation	10

BIOS 1036	Human Development and Disease across the lifespan	10	PUBH 1011	Promoting Health Collaboratively in Communities	10			
BEHV 1014	Psychology and Health	10	Select one elective		10			
	Credit Points	40		Credit Points	40			
Autumn session								
HLTH 2024	Research Methods in Health	10	PUBH 3028	Transforming Health	10			
PUBH 2005	Culture, Diversity and Health	10	PUBH 3022	Advances and Challenges in Health Promotion	10			
Select two electives		20	Select two electives		20			
	Credit Points	40		Credit Points	40			
Year 3								
Spring session								
MEDI 3007	Professional Health Placement	10	MEDI 3007	Professional Health Placement	10			
Select three electives		30	Select three electives		30			
	Credit Points	40		Credit Points	40			
Autumn session								
PUBH 3028	Transforming Health	10	Total Credit Points					
PUBH 3022	Advances and Challenges in Health Promotion	10	260					
Select two electives		20	Diploma in Health Science/Bachelor of Health Science (Health Promotion)					
	Credit Points	40	Full-time mid-year intake					
	Total Credit Points	240						

Diploma in Health Science/Bachelor of Health Science (Health Promotion)

Full-time start-year intake

Course	Title	Credit Points	Course	Title	Credit Points
Year 1					
Term 1					
PUBH 1007	Population Health and Society (WSTC)	10	HLTH 1015	Professional Competencies in Health (WSTC)	10
HLTH 0005	The Health Science Professional (WSTC Prep)	10	HLTH 0005	The Health Science Professional (WSTC Prep)	10
NATS 0006	Fundamentals of Health Science (WSTC Prep)	10	PUBH 1007	Population Health and Society (WSTC)	10
HLTH 1015	Professional Competencies in Health (WSTC)	10	NATS 0006	Fundamentals of Health Science (WSTC Prep)	10
Term 2					
BEHV 1015	Psychology and Health (WSTC)	10	BIOS 1037	Human Development and Disease across the Lifespan (WSTC)	10
HLTH 1014	Evidence in Health (WSTC)	10	COMM 1008	Communication in Health (WSTC)	10
BIOS 1038	Anatomy and Physiology in Health (WSTC)	10	PUBH 2006	Culture, Diversity and Health (WSTC)	10
Term 3					
BIOS 1037	Human Development and Disease across the Lifespan (WSTC)	10	BIOS 1038	Anatomy and Physiology in Health (WSTC)	10
COMM 1008	Communication in Health (WSTC)	10	BEHV 1015	Psychology and Health (WSTC)	10
PUBH 2006	Culture, Diversity and Health (WSTC)	10	HLTH 1014	Evidence in Health (WSTC)	10
	Credit Points	100		Credit Points	100
Year 2					
Autumn session					
PUBH 1010	Health Promotion Theory and Approaches	10	HLTH 2024	Research Methods in Health	10
HLTH 2024	Research Methods in Health	10	PUBH 1010	Health Promotion Theory and Approaches	10
Select two electives		20	Select two electives		20
	Credit Points	40		Credit Points	40
Spring session					
PUBH 3025	Health Policy and Advocacy	10	MEDI 3007	Professional Health Placement	10
PUBH 3026	Health Promotion Planning and Implementation	10	PUBH 3025	Health Policy and Advocacy	10

PUBH 3026	Health Promotion Planning and Implementation	10
Select one elective		10
	Credit Points	40
Autumn session		
PUBH 3028	Transforming Health	10
PUBH 3022	Advances and Challenges in Health Promotion	10
Select two electives		20
	Credit Points	40
	Total Credit Points	260

Electives

Students must take at least one level 3 subject as an elective.

Most electives are 10 credit points.

Students may wish to consider using elective choices to complete another health sciences field of study

Minors

Health Practice Management, Minor (<https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/health-practice-management-minor/>)
 Public Health, Minor (<https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/public-health-minor/>)
 Health and Recreation, Minor (<https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/health-recreation-minor/>)
 Sport Development, Minor (<https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/sport-development-minor/>)
 Physical Activity and Health, Minor (<https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/physical-activity-health-minor/>)

Majors

Public Health, Major (<https://hbook.westernsydney.edu.au/archives/2024-2025/majors-minors/public-health-major/>)

Related Programs

Bachelor of Health Science (4656) (<https://hbook.westernsydney.edu.au/archives/2024-2025/programs/bachelor-health-science/>)
 Diploma in Health Science/Bachelor of Health Science (6000) (<https://hbook.westernsydney.edu.au/archives/2024-2025/programs/diploma-health-science-bachelor-health-science/>)