

CMPL 2002 CHANNELS AND POINTS 1

Credit Points 10

Legacy Code 400874

Coordinator Isabella Leung (<https://directory.westernsydney.edu.au/search/name/Isabella Leung/>)

Description Acupuncture is one of the principal therapeutic interventions in Traditional Chinese Medicine (TCM). This subject introduces students to acupuncture theory and practice, and provides opportunity to develop practical skills. It covers the theory of channels and points, channel pathway, point location and indications of the conception and governor vessels, and the first 6 channels in the meridian cycle. This subject also expands upon the student's understanding of TCM theory and practice principles. This subject includes a minimum of 20 practicum hours at UniClinic.

School Health Sciences

Discipline Acupuncture

Student Contribution Band HECS Band 2 10cp

Check your fees via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 2 subject

Pre-requisite(s) CMPL 1002

Co-requisite(s) CMPL 2006

Equivalent Subjects LGYA 7238 - Acupuncture 1

Restrictions

Students must be enrolled in 4660 Bachelor of Health Science-Master of Traditional Chinese Medicine or 4710 Bachelor of Traditional Chinese Medicine.

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Differentiate between the distribution and local anatomy of the channels covered in this unit;
2. Point out and explain the location, functions and indications of commonly used points on the channels, and of the extra points.
3. Distinguish high-risk related acupuncture points and apply appropriate needling strategies.

Subject Content

1. The channel system

- Classification and nomenclature of The channels
- yin yang relationships within The channel system
- general functions of The channels
- general principles of Qi flow and channel Distribution
- The external and Internal pathways of The twelve Regular channels
- theory, pathways, points and Connecting points of The eight extra channels
- pathways of The divergent, luo, and musculo-tendino channels

2. Acupuncture points

- general introduction
- classes of points
- methods of locating points

- nomenclature of The points
- therapeutic properties of The points (functions and Indications)

3. Specific point categories

- wu Shu points
- Yuan points
- luo points
- Xi points
- back Shu points
- front mu points
- Confluent points
- influential points
- Crossing points
- Lower He points

4. Surface anatomical features in relation to acupuncture points

- a. Anatomical position and movement
- b. Anatomy and clinical assessment including visual and palpation examination association with acupuncture points

- head
- Neck
- Thorax
- abdomen and pelvis
- back
- Upper limb
- Lower limb

5. Locations, functions, indications and application (needling/moxibustion methods and precautions/contraindications) of the points of:

- Governing Vessel (Dumai)
- Conception Vessel (Renmai)
- Lung Channel of Hand Taiyin
- Large Intestine Channel of Hand Yangming
- Stomach Channel of Foot Yangming
- Spleen Channel of Foot Taiyin
- Heart Channel of Hand Shaoyin
- Small Intestine Channel of Hand Taiyang

Note: surface anatomy relevant to identifying individual acupuncture point location covered in this subject and relevant safe administration of needling will be covered.

6. Clinical skills

- Point location and application of The main acupuncture points
- identification of High-Risk related acupuncture points
- Sterilisation procedures & maintaining asepsis
- occupational health and safety procedures
- acupuncture contraindications and adverse reactions
- clinical accidents and their management
- introduction to filiform needling, correct direction and length
- codes and guidelines required by The Chinese medicine Board of Australia, including Code of conduct, infection prevention and control guidelines for acupuncture practice
- needling practice

Special Requirements

Legislative pre-requisites

- To be able to enroll in this subject, all students must comply with School Requirements indicated below:

STUDENT COMPLIANCE INFORMATION FOR ALL HEALTH-RELATED PLACEMENTS:

Students must meet Western Sydney University course requirements as well as any special, legislated, or policy-mandated requirements.

There are Western Special Requirements that you may need to meet to enroll into your program of study or subject.

International students have additional requirements: check the booklet for these additional requirements.

School Requirements

Contact your School for further details regarding your School's requirements, if any, such as:

- If you live outside of NSW or Australia or need to meet a state, territory or country's compliance requirements
- NSW Working with Children Check (WWCC) or another state equivalent, valid for your entire course.
- Current approved first aid certificate valid for your entire course - approved course providers can be found at: <http://training.gov.au>
- Other non-health related requirements.

Refer to the Special Requirements website for more information.

Special Requirements (https://www.westernsydney.edu.au/currentstudents/current_students/enrolment/special_requirements/)

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task
Practical Exam	2 occasions, 25 minutes per student	40	Y	Individual
Quiz	1 hour	10	N	Individual
Final Exam	2 hours	50	N	Individual
Log/ Workbook	Total 20 hours internal hours	S/U	Y	Individual

Prescribed Texts

- Deadman, P, Mazin, Al-K., (2007). A Manual of Acupuncture, 2nd Edition. London: Journal of Chinese Medicine Publications.

Teaching Periods

Autumn (2024)

Campbelltown

On-site

Subject Contact Shengxi (George) Zhang ([https://directory.westernsydney.edu.au/search/name/Shengxi \(George\) Zhang/](https://directory.westernsydney.edu.au/search/name/Shengxi%20George%20Zhang/))

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=CMPL2002_24-AUT_CA_1#subjects)