

# PUBH 1011 PROMOTING HEALTH COLLABORATIVELY IN COMMUNITIES

**Credit Points** 10

**Legacy Code** 401415

**Coordinator** Justin Guagliano ([https://directory.westernsydney.edu.au/search/name/Justin Guagliano/](https://directory.westernsydney.edu.au/search/name/Justin%20Guagliano/))

**Description** Health Promotion is everyone's business. All health professionals should seek opportunities to promote health equity and social justice, to support healthy lifestyle choices and to connect communities with appropriate health and social services. To do this effectively, health professionals must work collaboratively with communities. This subject focuses on theories and principles that support community-centred transformative action in health promotion, and how to apply them in various local, national and global contexts. Students will be introduced to concepts and practice related to community engagement, participation, development and empowerment; community capacity and resilience-building. There will also be a focus on community identity, social justice and ethical considerations associated with working with communities. Particular focus is made on approaches to working with Aboriginal and Torres Strait Islander peoples, marginalised and vulnerable communities.

**School** Health Sciences

**Discipline** Health Promotion

**Student Contribution Band** HECS Band 2 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 1 subject

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Describe key concepts, perspectives, theories and principles of working with communities
2. Describe ways to involve the community in health promotion.
3. Critically reflect on how key concepts and perspectives are connected to individual experiences of community, and to a range of professions that work with communities
4. Explain the importance of community engagement, participation, development, empowerment, capacity and resilience building, identity and social justice to society and the individual
5. Describe ethical considerations and effective skills for working with communities, particularly Aboriginal and Torres Strait Islander, marginalised and vulnerable communities
6. Explain the importance of health promotion for Aboriginal and Torres Strait Islander people's communities and how this contributes to reducing health inequities

## Subject Content

- 1.Theory and principles in working with communities
- 2.National and international community-based strategies for promoting health
- 3.Interdisciplinary approaches in community health practice
- 4.Community development, empowerment and capacity building
- 5.Strategies to building resilience and promoting identity

- 6.Social justice and inclusion
- 7.Ethical consideration in working with communities
- 8.Working with vulnerable and marginalised communities
- 9.Promoting Health in Aboriginal and Torres Strait Islander peoples' Communities

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/Group Task
Case Study	800 words	30	N	Individual
Report	1,000 words	40	N	Individual
Quiz	3 x quizzes (45 minutes each)	30	N	Individual

Teaching Periods

### Spring (2024)

#### Campbelltown

##### On-site

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View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=PUBH1011\\_24-SPR\\_CA\\_1#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=PUBH1011_24-SPR_CA_1#subjects))

##### Online

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### Sydney City Campus - Term 3 (2024)

#### Sydney City

##### On-site

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